



~~~~~  
- DESTINATION -  
PYRENEES

~~~~~  
FRANCE

*Found nowhere else in the world*





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ALMOST  
10 MILLION  
*visitors per year  
(tourists and day trippers)*

38.000  
*persons as additionnal  
population*

## BEFORE STARTING

14 MILLION  
*of nights spent in hotels per year  
including 3 million in Lourdes*

NEARLY  
1 BILLION EURO  
*spent by tourists  
each year*

PYRENEES DESTINATION

116.900 BEDS  
FOR TOURISTS

239 *Chambres d'hotes*  
(1.800 beds)

334 *Hotels*  
(32.200 beds)

4.340 *Rental  
properties*

137 *Campsites*

63 *Tourist residences*  
(18.400 beds)

128.300 *Beds in secondary  
residences*

LOURDES

30.000 *tourist beds  
including 105 hotels  
between 1 and 5 stars  
(18.700 TOURIST BEDS)*

7 *tourism residences  
between 2 and 4 stars  
(1.460 TOURIST BEDS)*

6 *campsites,  
between 1 and 3 stars*



# LOURDES-PYRENEES

AT THE HEART OF EUROPE'S LEADING TOURIST DESTINATIONS



## BORDEAUX

**From Lourdes:** 250 km journey  
(218km on motorway) / 2hr35min journey

- > Leading French AOC vineyard
- > The town centre is a listed UNESCO World Heritage Site
- > 10,000 wine-making châteaux
- > The Cité du Vin, launched in Bordeaux in June 2016

## BIARRITZ - BASQUE COAST

**From Lourdes:** 157 km journey  
(125km on motorway) / 1hr50min journey

- > Biarritz, Saint-Jean de Luz, Bayonne...
- > 170km of coastline
- > Basque, French, and Spanish influences... A strong, dynamic cultural identity
- > A land of contrasts: the sea rubs shoulders with mountains and countryside

## TOULOUSE

**From Lourdes:** 174 km journey  
(151km on motorway) / 1hr59min journey

- > 4<sup>th</sup> largest city in France
- > A city which specialises in aeroplanes and rocket engineering, attracting talent from all over the world
- > Crossed by the Canal du Midi, which links Toulouse to the Mediterranean: the oldest European canal still in operation
- > "La ville rose" (The Pink City): Terracotta walls, octagonal bell towers, tiled roofs...

## BILBAO

**The Guggenheim Museum: museum of modern and contemporary art**

**From Lourdes:** 292 km journey  
(262km on motorway) / 3hr10min journey

- > Audacious architecture: A museum established as the best building of the 2<sup>nd</sup> half of the 20<sup>th</sup> century

- > Between 4 and 6 different exhibitions each year
- > More than 1 million visitors every year (2/3 are foreign)

## ANDORRA

**From Lourdes:** 273 km journey  
(96km on motorway) / 4hr30min journey

- > A small principality enclosed between France and Spain
- > Shopping capital: A duty-free shopping country
- > Numerous outdoor activities (skiing and hiking) and thermal water treatment





#### MUSICAL SHOW IN LOURDES

From April to October 2022.

«Bernadette of Lourdes» is the tale of the fascinating and inspirational visions of the Virgin Mary seen by Bernadette Soubirous.

[www.bernadettedelourdes.fr/en](http://www.bernadettedelourdes.fr/en)

Every year millions of visitors flock from all over the world to this small town where a little girl called Bernadette saw the Virgin Mary in a grotto near the river in 1858.

Go on a mystical adventure? Even better. Experience a one-of-a-kind place that you must see at least once in your lifetime.

## THE SANCTUARY

What strikes you as soon as you reach **St Michael's gate** is the sheer size of the site. The bell tower's spire topped by a crucifix appears on the horizon. Two basilicas are the focal point. The third lies beneath our feet. **A beautiful floral 400m esplanade** gives us a wonderful insight into what's to come.

The esplanade opens onto a large round forecourt: the **Rosary Basilica** amidst the trees.

A statue of the Virgin Mary facing the basilicas stands at the meeting point between the esplanade and forecourt. This is where pilgrims traditionally meet: "the Crowned Virgin".

Two churches appear before her. One topped by a spire: the **Immaculate Conception**. One below topped by a golden dome: the **Rosary Basilica**. The front of the Rosary Basilica is covered in mosaics depicting the five "glorious mysteries" suggested by Pope John Paul II who twice made the pilgrimage to Lourdes.

A system of ramps leads from the forecourt to the upper basilica via the golden dome. The ramps leading to the mother church, the Basilica of the Immaculate Conception, represent the Virgin Mary's loving arms.

Pilgrims have a choice of 3 directions from the forecourt. Either they go to the Rosary Basilica, walk up the ramps to the Immaculate Conception or go to the Grotto.

Pilgrims can walk between the forecourt and Grotto through seven tall and wide arcades beneath the ramps and inspired by the **Bernini's columns on St-Peter's Square in Rome**.

After walking through the arcades, visitors **drink from the fountains** and head towards the Grotto. They naturally form a procession along the rock beneath the Basilica. Everyone radiates faith and humanity. The group unite in silence. They are not just here to see **the Grotto**; they are here to touch, stroke and kiss the rock in a show of religious, pagan, superstitious and magical belief.

When visitors leave the Grotto, they see **the great pyramid of candles** that burns day and night. You're welcome to keep the flame alive that's burned for so long.

# LOURDES

#### A SITE THAT'S OPEN FROM 6H AM TO MIDNIGHT

Everyone can walk the length and breadth of the site, visit all the buildings, spend as long as they like and go where they want. There's no set itinerary. The Grotto is even open at night.

#### A NATURAL HAVEN ON THE EDGE OF TOWN

Visitors to the Sanctuary can hear the Gave River running from the mountains through Lourdes; they can see cliffs, trees, hills and meadows and feel the wind blow. Most of the trip is spent in the great outdoors in a leafy and natural setting. The safe and comforting town lies outside the Sanctuary with all its services, events and facilities.

[www.lourdes-france.org/en/](http://www.lourdes-france.org/en/)



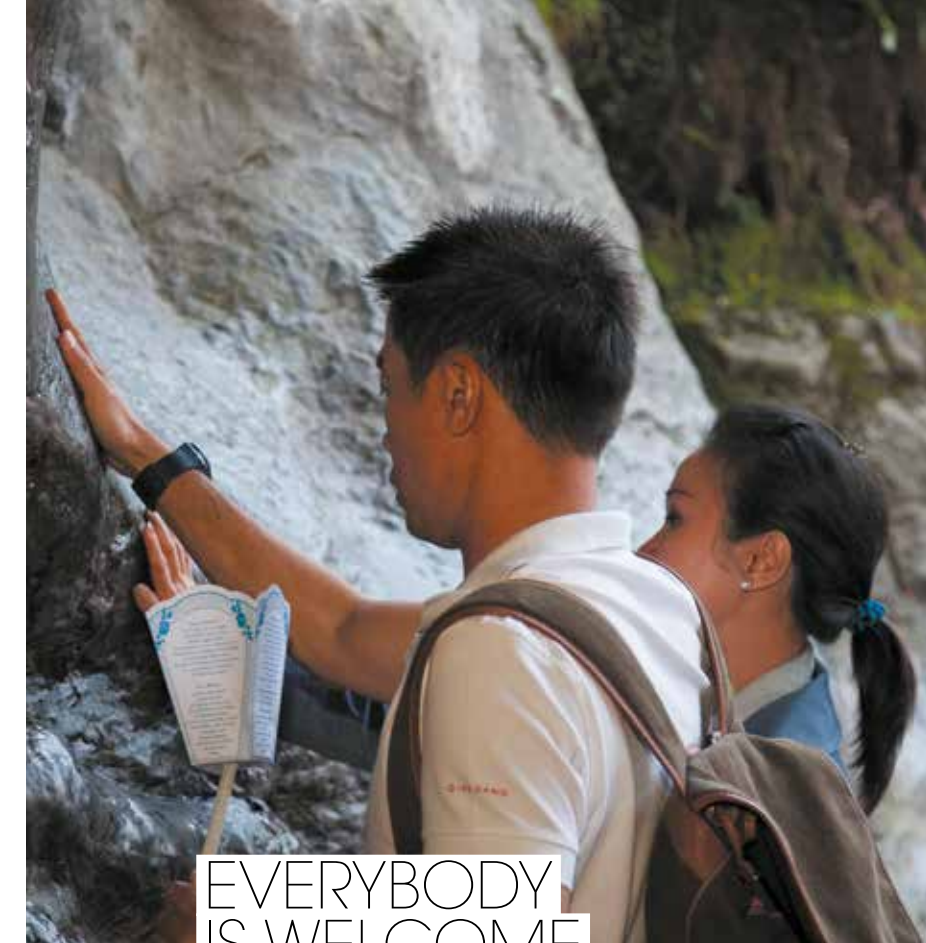


## THE TORCHLIGHT PROCESSION

It's the highlight of the day in Lourdes! Each evening thousands of visitors and pilgrims meet to walk in procession behind a statue of Our Lady of Lourdes, each holding a flaming torch, the procession is from the Grotto des Apparitions to the esplanade of the Notre Dame basilica. The crowd can be immense, it is a spontaneous and joyous occasion, full of energy.

The torchlight parade, nightfall, songs, banners and pennons take to the Rosary forecourt as candles on the ramps form a crown of light: it's a sight for sore eyes.

*Every day from April to October at 9 pm (duration 90 minutes), one can acquire torches inside the Sanctuary area.*



## EVERYBODY IS WELCOME

What makes Lourdes so unique and appealing as a spiritual experience is that it isn't just about Christian rituals. Whether it be **stroking the Grotto rock**, **burning a candle**, **joining a torchlight procession**, **drinking water from the fountains** or **bathing in the pools**, everyone, no matter the depth of their faith, can get involved in these meaningful and grace-giving activities and give them their own meaning. Visitors will never be asked to prove their faith as long as they behave with respect.



## UNIVERSAL LANGUAGE

Lourdes brings together people from all over the world with different languages, cultures, appearances and religious practices. Visitors are surrounded by **songs and prayers in every language** and feel as though a united mankind could be possible.

Lourdes reaches beyond words to the senses. Touching the rock, drinking the water, lighting the candle and carrying the torch are just some of the actions that bring to mind nature's vital elements: **water, earth, fire and air**. **Everyone shares in these elements no matter their culture.**

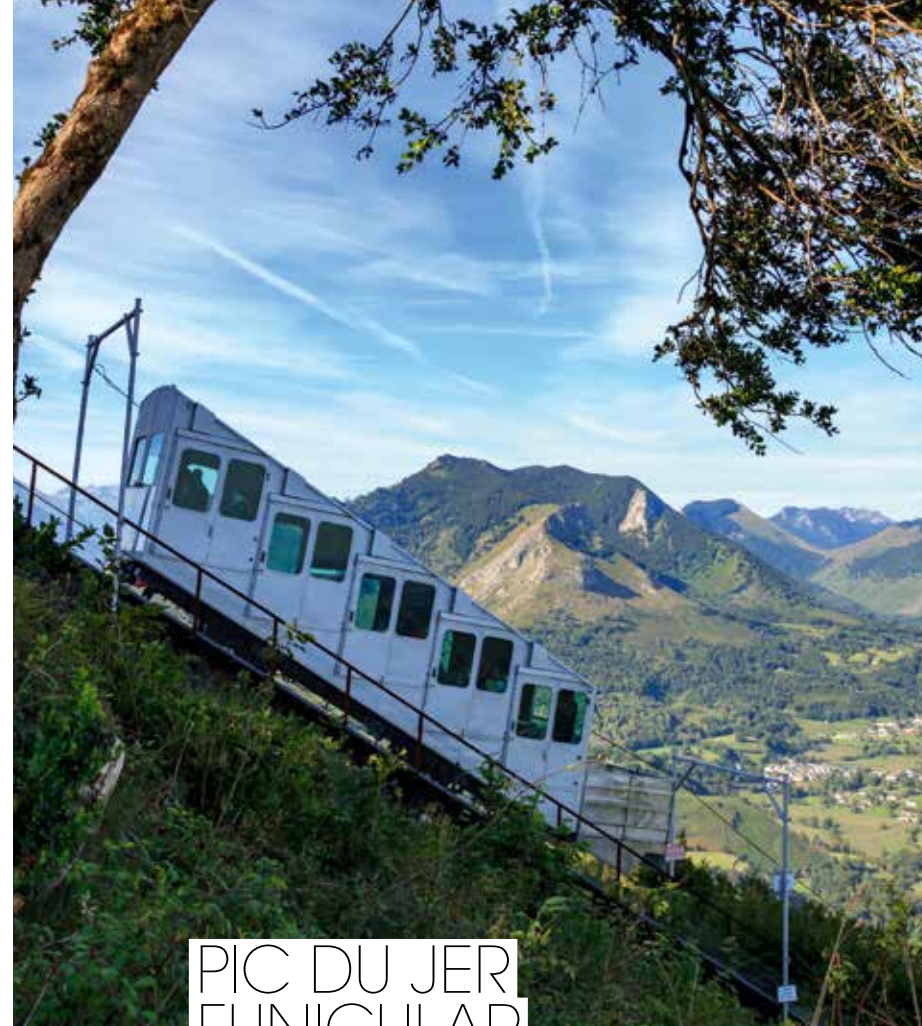




## PIC DU JER FUNICULAR

The Pic du Jer towers over Lourdes and its large crucifix (lit up at night) makes it instantly recognisable. A 100 year old funicular takes visitors up 1000m in a matter of minutes; it's a trip to remember. A footpath leads to the observatory where a unique vista has 360° views of Lourdes, Tarbes, Pau, Argelès-Gazost Valley and the Pyrenean peaks.

[www.picdujer.com/en](http://www.picdujer.com/en)



## THE FORTRESS AND PYRENEAN MUSEUM

The fortress listed as a Monument Historique is built on a rocky outcrop overlooking the town where Mary appeared. It's a strategic site with all-encompassing views. The medieval fortress is now home to the Pyrenean Museum. We recommend tackling the fortress and marching up the 104 narrow steps to the top of the dungeon for incredible 360° views. Not to be missed: the great legend of Charlemagne behind the Lourdes coat of arms.

[www.chateauafort-lourdes.fr/en/accueil\\_en.html](http://www.chateauafort-lourdes.fr/en/accueil_en.html)



## LOURDES BEACH

The town where Mary appeared turns into a lakeside resort. There's so much for sports lovers to enjoy: 3 mountain bike trails (green, red and black), 18-hole golf course, lakeside fishing and hiking. There's an easy 6km footpath around the lake with just a 50m elevation. It's also a great spot for lunch on the restaurant terrace by the lake.

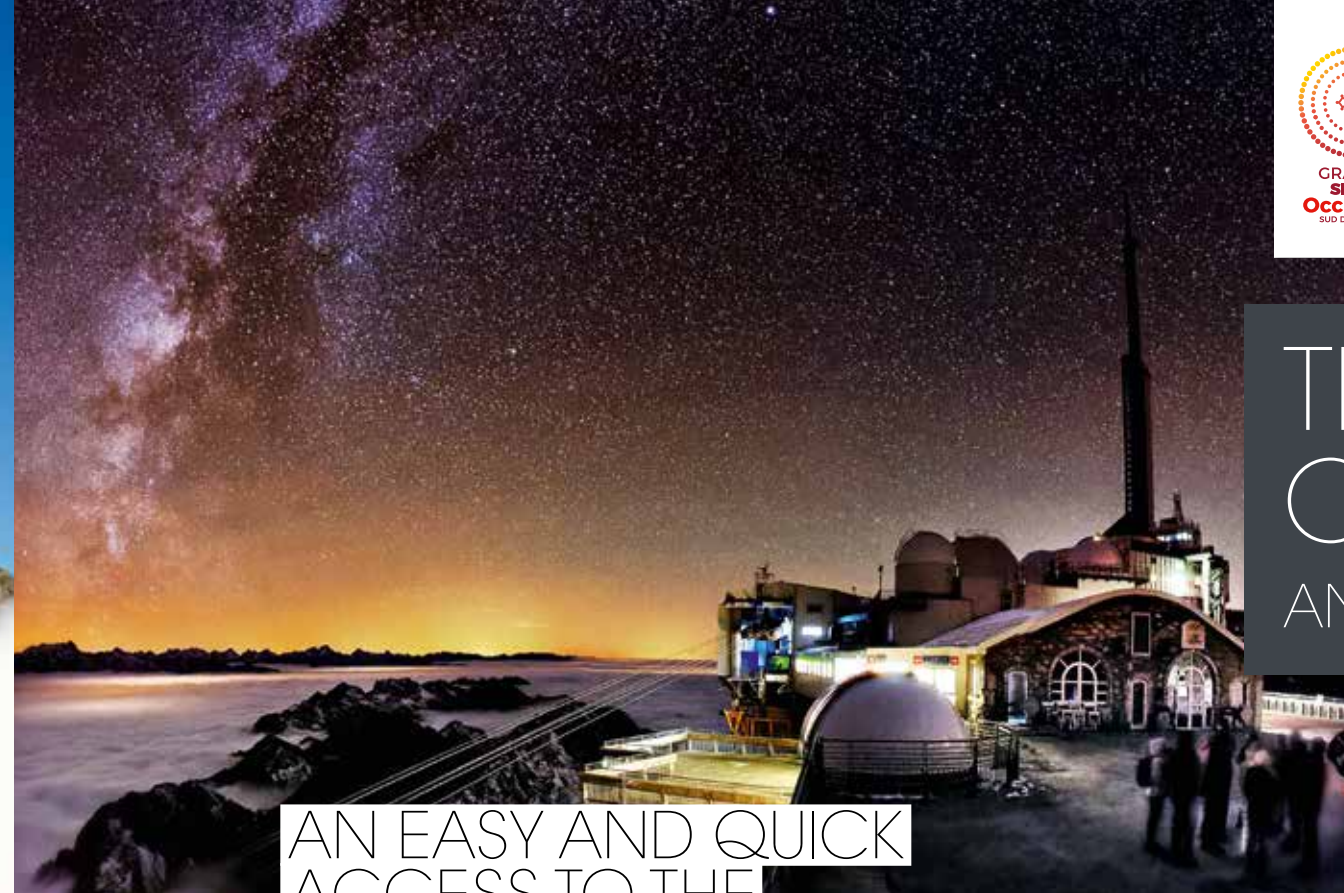
# ANOTHER SIDE TO LOURDES





## AN EASY AND QUICK ACCESS TO THE HIGHEST SUMMITS

The Pic du Midi cable-car takes its passengers on a spectacular voyage to the summit at 2877m, from where the **1000m<sup>2</sup> of viewing terraces** offer **a magnificent 360 degree panorama over the Pyrenees** - the great plains of the south west and even to the foothills of the Massif Central. It is a unique experience, the panorama is simply sensational. Orientation and information tables help you spot things on the horizon. Glasses help you see the sun and planets as the Pic du Midi is home to an astronomical observatory. The pure air and highly stable atmosphere at an altitude of 2877m enables you to observe an incredible night sky which has seen it listed as an "International Dark Sky Reserve". The Pic du Midi is open day and night. Visitors can visit at night.



## THE PIC DU MIDI CABLE CAR

AN EPIC JOURNEY TO THE PEAKS

An exceptional night:  
**NIGHT AT THE SUMMIT**

439/469€  
FOR TWO PERSONS

### THE PRICE INCLUDES:

Cable-car access to the summit, 1 night at the Pic du Midi half-board, observation of the stars and planets, use of telescopes with assistance provided by an astronomer, visit to the museum, guided tour of the scientists' observation area, sunset and sunrise from the viewing terraces.

### CABLE-CAR ACCESS

*1000 square metres of panoramic viewing terraces, cafe and restaurant at the top. One can visit the Pic du Midi during the day time and also spend an evening at the summit with observation of the night sky accompanied by astronomers. In winter one can descend off-piste from the top on skis or snowboard, and by mountain-bike during the summer months. Open all year, very easy access*

[www.picdumidi.com](http://www.picdumidi.com)





## THE PLANETARIUM : AN IMMERSIVE CINEMA AT THE PEAK

Housed within the hundred-year-old cupola of Baillaud, a hemispherical screen 8 metres in diameter covers the entire dome, and 45 comfortable inclined seats await spectators for an XXL cinema showing. The film unfolds the secrets of the universe and the incredible tale of the Pic du Midi, from its construction to the present day. A spectacular show!



## LE 2 877: ONE OF THE HIGHEST RESTAURANTS IN THE WORLD

The restaurants that can promise their guests a table at almost 3000 meters' altitude are few and far between. "Le 2877", the new restaurant at the Pic du Midi with a capacity of 70, is one of them. The restaurant's staff pull off miracles every day to propose an original menu and set menus exclusively made from premium quality products. A breathtaking panorama, a cosy atmosphere and a delicious meal make this culinary hotspot an essential location in the Pic du Midi.



### HISTOPAD : THE STORY OF THE PIC IN AUGMENTED REALITY

*When visitors arrive at the summit of the Pic, they can pick up a digital tablet called a Histopad free of charge. This pad will let them experience an incredible immersive voyage in augmented reality as they follow in the footsteps of the first scientists at the observatory. The Histopad is available in six languages: French, English, Spanish, German, Italian and Japanese.*



## THE SKY BRIDGE: IMMERSE YOURSELF IN THE SKY

This bridge in the sky, which opened in 2018, offers visitors an incredible visual and emotional experience as they make their way in complete safety along the 12 m walkway. From its glass floor at its highest point, the view it offers is unique and will make your head spin. Definitely fodder for the photo album.



## THE EXPERIENCE ZONE : SCIENCE ACCESSIBLE FOR EVERYONE

Since 2018, this new section offers interesting and fun experiments that illustrate the major topics of the work and research carried out at the Pic du Midi: the sun, cosmic rays, the stars, the atmosphere and meteorites.

The "scientific" zone, with its hushed nocturnal ambiance, takes visitors on a tour punctuated by interactive screens and projections of books. Optical illusions are there to trick your eyes. It is a visit full of surprises. The International Dark Sky Reserve, in the "immersive" area, also really comes into its own. Travellers will experience a new dimension of space and become one with it. Their perceptions will change. Poetic reality beats virtual reality any day. The final room highlights the rich architectural and natural heritage of the Pic du Midi.



## THE PUREST SKY IN EUROPE

In 2013, the Pic du Midi was labelled an "International Dark Sky Reserve" (IDSR). It is the only such Reserve in France, the 1st in Europe and also the largest in the world. The central area of the Reserve now covers 612 km<sup>2</sup>. This label recognises the incredible quality of the night sky, due to an air purity and an atmospheric stability that are among the most spectacular in the world. This is a major additional draw for the Pic du Midi, with clientèles becoming more and more concerned about environmental issues.





03  
EXCLUSIVE



A WORLD  
HERITAGE SITE

Nothing can prepare you for your first glimpse of the Cirque de Gavarnie. The wordsmith Victor Hugo described it as “**the most mysterious building by the most mysterious architects**”; it’s the colosseum of nature: it’s Gavarnie”. An impressive natural amphitheatre of rare perfection. Gavarnie looks like pure invention nestled in the middle of the Pyrenees. It’s over 5km in diameter with 1500m high vertical walls, hundreds of waterfalls and a crown of peaks exceeding 3000m in altitude. Gavarnie may be the most spectacular and famous natural cirque but it’s not alone. Troumouse and Estaubé are a stone’s throw away and a feast for the eyes. The staggering cirques lie next to the Spanish canyons in Spain’s upper Aragon and together form the Gavarnie-Mont-Perdu site, a sacred mountain listed as a UNESCO World Heritage site and unique slice of the Pyrenees.



PYRENEES DESTINATION

03  
EXCLUSIVE

# GAVARNIE

CLASSED AS A WORLD  
HERITAGE SITE BY UNESCO,  
GAVARNIE IS THE MOST  
FAMOUS NATURAL ARENA  
IN THE WORLD, IT IS VISITED  
BY OVER A MILLION  
VISITORS EACH YEAR.



Organisation  
des Nations Unies  
pour l'éducation,  
la science et la culture



Pyrénées Mont-Perdu  
inscrit sur la liste du  
patrimoine mondial en 1997



*The site has very easy access. The view from Gavarnie village towards the cirque is fabulous, an easy path (2 hours return) leaves from the village towards the foot of the cirque.*





04  
EXCLUSIVE

## IN THE VERY HEART OF THE NATIONAL PARK

Bubbling streams, foaming waterfalls, glittering lakes, summer meadows covered in wildflowers, leafy forests, marmots basking in the sunshine, the elegant silhouette of a female izard sitting on a rock next to her kid, blue tits chirping, ibex bickering, a wood grouse perched in a tree...it's like something from the Garden of Eden. Welcome to Cauterets-Pont d'Espagne, the Pyrenees' secret garden watched over by Lord Vignemale, the range's highest peak. Fill your lungs with clean air imbued with the scent of sap and wild thyme. Soak up the peace and quiet.

Prestigious and beautiful natural site. It is protected in the heart of the Pyrenees National Park. Flora and fauna have made it their home and you can approach the calm izards and marmots.

You don't need to be a keen hiker as the facilities, cable cars and ski lifts make the trip a walk in the park. It is one of the most visited sites in the Pyrenees National Park.



PYRENEES DESTINATION

04  
EXCLUSIVE

# CAUTERETS- PONT D'ESPAGNE

### THE PYRENEES NATIONAL PARK: ONE-OF-A-KIND NATURAL WEALTH IN EUROPE

The National Park was created in 1967, it follows the frontier ridge for over 100 kms. Twenty mountain refuges provide accommodation for visitors. The Park has a wealth of rare plants and animals including the famous Pyrenean Ramonda, the vibrant yellow Turk's Cap Lily, the Blue Thistle...there is a fabulous range of alpine plants to be admired, in the meadows, the woodland, on the rocky ridges. Other residents of the Park, many of whom are becoming increasingly rare in France, include Lammergeyers, Golden Eagles, Eagle Owls, Egyptian Vultures, Capercaillies... The rarest is possibly the Desman, a semi-aquatic mammal which lives in the pure waters of the mountain streams. Only two species exist, the other one is in the Urals! More easily spotted are the many marmots and Isards.

**Of the 9 National Parks in France the Pyrenees National Park is the most visited.**

*There are more than 350 kms of waymarked trails in the Park offering many possibilities: itinerant tours staying in mountain refuges, day walks, guided walks, outings with National Park specialists.*

[www.cauterets.com/grand-site-pont-despagne/](http://www.cauterets.com/grand-site-pont-despagne/)





# THE MOUNTAIN LAKES ROUTE

## THE NEOUVIELLE TOUR

The footpath runs from shelter to shelter, valley to valley along the mountain passes to conquer the Néouvielle Tour. A total of 5 guarded shelters enable walkers to explore the Reserve on an exciting hike at their leisure for several days.

## 5 REFUGES :

Refuge d'Orédon (1,850m)  
Refuge de l'Oule (1,800m)  
Refuge du Bastan (2,250m)  
Refuge de Campana du Cloutou (2,225m)  
Refuge de la Glère (2,184m)

Road access via Saint-Lary-Soulan to the Refuge d'Orédon. Head towards Spain until you reach Fabian. At Fabian, head towards "Route des lacs".

More informations on:  
[www.visit-neouvielle.com](http://www.visit-neouvielle.com)

This itinerary takes you to one of the most beautiful lake landscapes in the Pyrenees: Néouvielle National Nature Reserve and its 70 lakes. The winding road is a sight for sore eyes. It leads to the lakes in Cap-de-Long (altitude of 2161m), Orédon (1849m), Aumar (2198m) and Aubert (2150m) in Néouvielle National Nature Reserve.

## Néouvielle National Nature Reserve, An archipelago in the heart of the pyrenees

The Néouvielle Reserve is undoubtedly one of the best sites in the Pyrenees and has been protected since 1936, well before the foundation of the Pyrenees National Park. The scenery is breathtaking. Sharp granite peaks contrast with rolling countryside dotted with pine trees and 70 lakes bursting with greens, blues and turquoises. The reserve is south-facing meaning it gets good Mediterranean climate conditions that encourage more plants to grow at altitude here than elsewhere. You can even see mountain pines at 2600m! They are the highest in Europe. Another unique resident: the Pyrenean salamander, a large newt from the time of the dinosaurs. Other residents in this stunning garden include lone foxes, izards, marmots, griffon vultures, bearded vultures, frogs and midwife toads.



# HIKING IN THE BLUE-GREEN COUNTRY

## NÉOUIVELLE NATIONAL NATURE RESERVE

### 7 DAYS / 6 NIGHTS

#### A long-distance hike exploring the Néouvielle National Nature Reserve.

Guy guides visitors from hut to hut through one of the most stunning jewels in the Pyrenees, the Néouvielle Massif, designated a National Nature Reserve, and a real kingdom of water. The countless high-altitude lakes border a number of ponds, streams and peat bogs. The trail winds its way through granite boulders, fragrant rhododendron groves, and mountain pines to follow this series of magnificent, blue-green mirrors.

7 days / 6 nights (1 night in a lodge and 5 nights in manned mountain huts) full board + 6 days of hiking with a mountain guide. Long-distance hiking with reduced pack weight Difficulty ranges from easy to moderate.



### SCHEDULE :

#### DAY 1 :

Arrival at 6pm at the Bagnères de Bigorre SNCF train station. Transfer to the Campan Valley. Night in a lodge.

#### DAY 2 :

Climb to the Campana du Cloutou hut via the Lac de Caderoles (Caderoles Lake) and Lac de Gréziolles. Night in a hut.

Total climb 900m, no descent, 4hrs walking.

#### DAY 3 :

Setting out from the Campana hut, follow the Col du Bastanet (Le Bastanet Pass), summit the Pic de Bastan (optional), then descend to Lac du Bastanet Lac de l'Oule. Night in l'Oule hut. Total climb 500m, total descent 900m. 6hrs walking.

#### DAY 4 :

Cross the Lac de l'Oule, via Estibère valley (treasure of the Néouvielle reserve), to reach the Lac d'Orédon and the Col d'Aumar (Aumar Pass). Night in Orédon hut where you will retrieve your luggage.

Total climb 650m, total descent 600m. 5hrs walking.

#### DAY 5 :

After following Les Laquettes (a series of small lakes) and passing by the Lac d'Aubert and Lac d'Aumar, you reach Hourquette d'Aubert (a peak with a view of the Barèges valley and Pic de Néouvielle, 3091m); cross over via Houquette de Mounicot and descend to La Glère hut. Night in La Glère hut.

Total climb 750m, total descent 400m. 6hrs walking.



#### DAY 6 :

Hike from one lake to another around the Néouvielle Massif, summit the Turon du Néouvielle (3035m), conditions permitting. Night in La Glère hut.

Total climb 900m, total descent 900m. 5hrs walking.

#### DAY 7 :

Descent into Barèges. Group splits up at around 12pm at the Bagnères de Bigorre SNCF train station.

Total descent 700m. 2hrs walking.



### ACCOMMODATION In lodges and manned huts.

**DIFFICULTY :** relatively easy, but a good level of physical fitness is an asset. 4-6 hours of walking per day at a relaxed pace, with a number of stops to enjoy the view. Total climb per day of 500-900m, total descent per day of 400-900m.

**PACK CONTENTS :** personal items for 3 days (bedding is provided in the huts, so no need to bring a duvet) and a pack lunch for one day only (evening meals, breakfast and lunch for the following day are provided at the hut). Luggage will be driven to Orédon on day 4.

**SUPERVISION :** a specialist mountain guide from the Néouvielle Nature Reserve.

**NUMBER OF PARTICIPANTS :** 7 - 14 people.

**START :** Meet at 6pm on the Sunday at Bagnères de Bigorre train station.

**FINISH :** Saturday around 12pm at Bagnères de Bigorre train station.

From > **750€** /pers.  
(BASED ON INDIVIDUAL BOOKING)

### THE PRICE INCLUDES :

6 nights in lodges and manned huts with full board + 6 days of guided hiking with luggage transport, and a booking fee.

### THE PRICE DOES NOT INCLUDE :

Cancellation insurance.





## WELLNESS DESTINATION

Making the most of its superb natural resources, the Hautes-Pyrenees has created a unique range of spa and wellness products, harnessing the naturally warm and soothing waters.

To stay in one of the spa centres of the Hautes-Pyrenees is to discover an area which has more rivers, lakes, mountain torrents and waterfalls than almost all other regions. The air is pure, the climate soft. Spa clients recharge the batteries with a true mountain style treatment: sunshine, superb scenery, authentic villages, a warm welcome, a traditional and comforting cuisine...

### Balnea, The biggest thermal bath in the french Pyrenees

Nestled in the heart of one of the Hautes-Pyrenees' most stunning settings on the banks of Genos-Loudenvielle Lake, Balnea doesn't just pamper body and soul. It is a sight for sore eyes with fabulous views of the beautiful Pyrenees.

**Highlights:** Japanese and Incan baths, four outdoor lagoons, 33°C -40°C, with panoramic views of the valley's peaks.

## FIRST SPA DESTINATION IN FRANCE

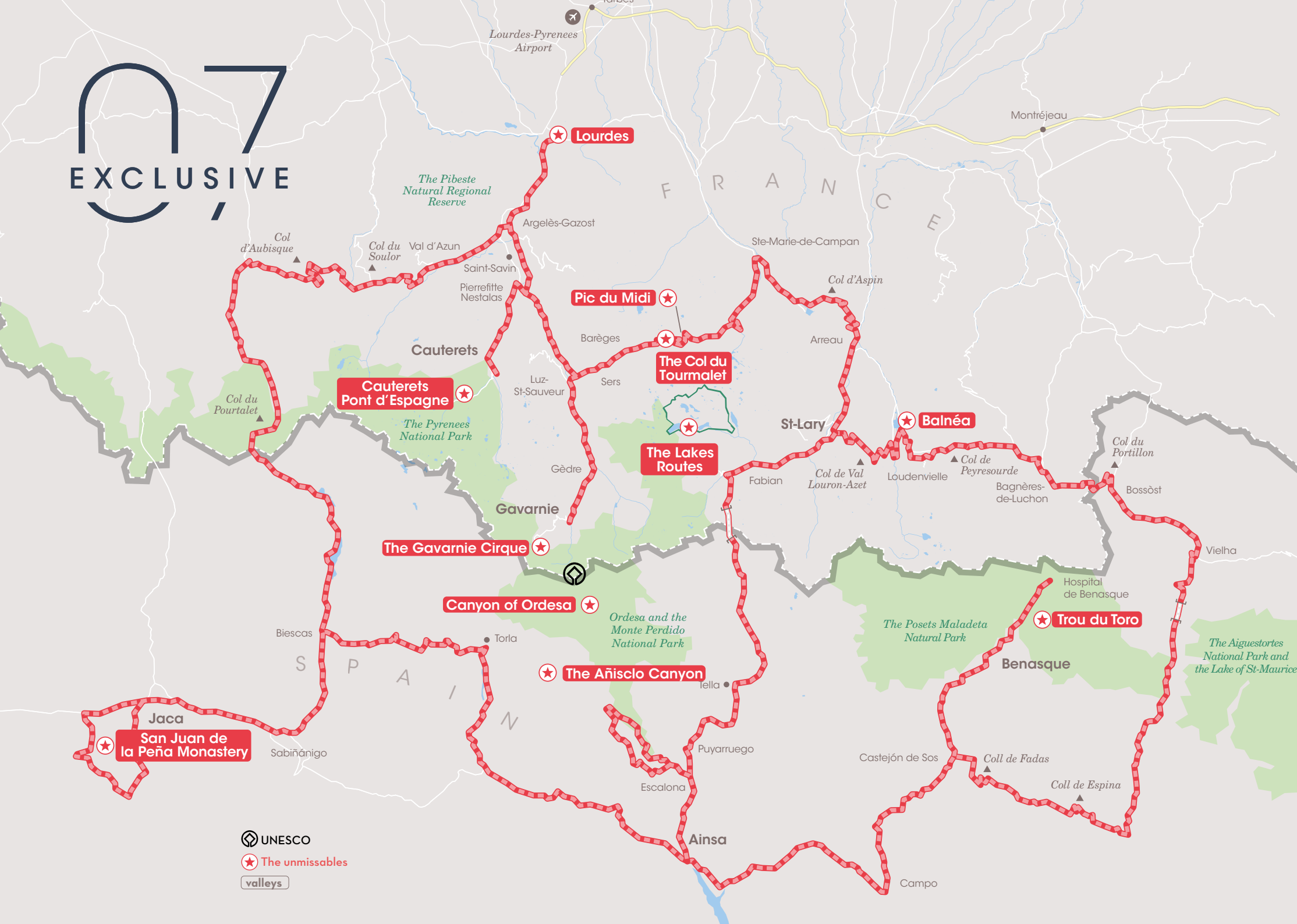
### EIGHT SPA CENTRES,

The Hautes-Pyrenees is top for thermal baths with 8 centres. Modern and innovative, they offer a wide range of spa treatments, whether for weekends, a week or made to measure. Steam baths, saunas, jacuzzis, wave baths, thermal water lagoons, water music, massages.... but also treatments with essential oils from the mountains, body peeling with flower oils, chocolate massages, oriental massages...

MORE THAN 700.000 ENTRIES  
PER YEAR

MORE THAN 8 MILLION EURO  
OF TURNOVER PER YEAR





# THE PYRENEES ROAD TRIP

## A LEGENDARY NEW ITINERARY EXPLORING A LAND WITH NO BORDERS: THE PYRENEES.

The Road Trip takes visitors on the road through the legendary peaks to the best sites in the Pyrenees in France and Spain. It doesn't just visit the biggest attractions; it takes visitors to the heart of the valleys where they can soak up secret spots away from the hustle and bustle, meet locals and experience regional expertise

The trip comes with a road book designed as a travel journal. The free and handy book lists useful addresses and information about unmissable trips, outdoor activities, restaurants to tantalise your tastebuds, thermal baths to unwind in and must-visits. Only addresses recommended by clients feature on the list.

- 2 COUNTRIES (France and Spain),
- 1 UNESCO WORLD HERITAGE SITE,
- 4 "GRANDS SITES MIDI-PYRÉNÉES" ATTRACTIONS: Pic du Midi, Cauterets-Pont d'Espagne, Gavarnie and Lourdes...
- 8 LEGENDARY PEAKS,
- 3 NATIONAL PARKS,
- 2 NATIONAL NATURE RESERVES,
- 13 LAKES...

*It is something that should be done at least once in a lifetime, whether integrally or for just a few days. The itinerary can be done in 3, 5 or 8 days, you can choose your own rhythm. All logistics are taken care of by the Hautes-Pyrenees Holiday Boutique, the specialist in made to measure holidays: 3 and 4 star accommodation with breakfast included, pass for access to the Grand Sites, entry to the spa centres...*  
*On the basis of two sharing it only costs €494 per person for 8 days, €335 for 5 days and €260 for 3 days (transport not included).*



**Anna will help you put together this trip for your clients.**

[www.pyrenees-trip.uk](http://www.pyrenees-trip.uk)



# PYRENEES ROADTRIP

THE MOST BEAUTIFUL ROUTES OF PYRENEES



**SAN JUAN DE LA PEÑA**  
In the footsteps of St. James

Hidden under a large rock at the edge of the forest, the monastery of San Juan de la Peña is the only example of semi-troglodyte architecture in the Pyrenees. Previously a royal pantheon for the Aragon royal family and the nobility, it is now an unmissable stop on the Santiago de Compestela (Way of St. James).



SPAIN



**THE AÑISCLO CANYON**  
Wild Spain

Wilder and less well-known than Ordesa, the Añisclo canyon offers breathtaking views over Mont Perdu, and its natural river basins are a good spot for bathing.



**THE ORDESA CANYON**  
A World Heritage Site

Unique in Europe, the imposing slopes of the Ordesa canyon look like a Pyrenean Colorado. With its dizzyingly-high cliffs, suspended cirques (amphitheatre-like valleys formed by glacial erosion), aerial "fajas" and sparkling waterfalls, Ordesa is the epitome of excess. On the other side of the canyon lies the magnificent Cirque de Gavarnie. One mountain with two distinct slopes, "Gavarnie-Mont-Perdu" has been designated as a UNESCO World Heritage Site.

FABIAN



**THE MOUNTAIN LAKES ROUTE**  
Neouvielle National Nature Reserve

In this extraordinary landscape, sharp granite peaks contrast with idyllic rolling countryside. With 70 lakes interspersed with pine trees, the scenery is a harmonious blend of forest greens and turquoise blues. Splendid! It is also the highest lake route of the Pyrenees, winding through the valley of Saint-Lary to reach the Lac d'Orédon (1849m) and the Lac de Cap-de-Long (2161m).

ST-LARY



**BALNÉA**  
The largest balneotherapy centre in the French Pyrenees

Nestled by the Lac de Loudenville, arguably one of the most beautiful corners of the Hautes-Pyrenees, Balnéa's restoring hot-water springs provide endless baths. The Incan and Japanese-style outdoor lagoons, with temperatures between 33°C and 40°C, are a highlight, and offers panoramic views over the valley's mountain peaks.

GAVARNIE  
A World Heritage Site

The stunningly-beautiful Cirque de Gavarnie is the only one of its kind in the world. A natural colossus of staggering proportions – 5.5km across and 1500m high, with waterfalls by the hundred – it leans against the imposing canyons of the Spanish Haut-Aragon. Together, they make up the sacred mountain site of "Gavarnie Mont-Perdu".

Col du Tourmalet  
altitude 2115 m



**PIC DU MIDI**  
The summit

Climb 1000m in 15 minutes! Cable car departing from La Mongie allows visitors to reach the Pic du Midi (2877m) without breaking a sweat. This site is renowned for its natural beauty and clear starlit skies, and the terraces at the summit provide sweeping views of mountain peaks that stretch for 300km into the distance. The Pic du Midi can also be accessed in the evening, and visitors can even spend the night at the top.

Col d'Aspin  
altitude 1489 m

LUZ-ST-SAUVEUR



**PONT D'ESPAGNE,**  
Walks in Paradise

In the heart of the Pyrenees National Park, the site of Cauterets-Pont d'Espagne is a Garden of Eden for lovers of pleasant walks. Not to be missed is the cable car to the crystal-clear waters of the stunning Lac de Gaube, as well as the stroll to Pont d'Espagne, which is a charming little stone bridge spanning the plunging waterfall below, and which lends its name to the site.

SAINT-SAVIN



**LOURDES**  
Torchlight procession

With their torches in hand, thousands of pilgrims and visitors gather every evening to walk and sing from the "Grotte des Apparitions" to the Rosaire Esplanade. The joyful and energetic atmosphere make for a magical moment.

VAL D'AZUN

Col du Soulor  
altitude 1474 m



**THE COL DU SOULOR**  
Birds of prey over

One of the most idyllic images of the Pyrenees, the Col du Soulor sits at 1474m, providing outstanding views over the mountain range. Cows, horses and sheep graze on the summer grass for as far as the eye can see, and looking upwards, it is not unusual to see birds of prey circling and flying over the mountain pass.



## TOURING TRIPS

6 IDEAS  
PYRENEES  
ROAD TRIP

Pre-planned tour that can be fully adapted to suit you and your travel companions: accommodation - activities - excursions - routes - duration, our packages are designed to free you from burden of organisation, and to allow you to explore and enjoy your adventure. Bon voyage!

[www.pyrenees-trip.uk](http://www.pyrenees-trip.uk)



All-inclusive Package + car rental (8, 7, 4 or 3 days, at an exclusive price) + return flights between Paris and Tarbes-Lourdes-Pyrénées

01

## THE VERY BEST OF THE PYRENEES

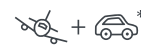
**7 DAYS / 7 NIGHTS**  
(3 nights in Spain)

**692 km**

Crossing the border into Spain, on this itinerary you will discover the biggest and best scenery in the Pyrenees : the highest peak, spectacular canyons and grandiose cirques which are World Heritage sites, the miracle that is Lourdes, the highest Observatory in Europe in the clearest of skies...

**All inclusive package:**

**7 days / 7 nights** in chambres d'hotes and 3 and 4 star hotels, with breakfasts included, in Jaca, Ainsa, Benasque, Saint-Lary, Gavarnie, Cauterets, Lourdes • 1 Grands Sites pass to Pic du Midi (access to summit by cable car) + Cauterets-Pont d'Espagne (parking, cable-car ride from Puntas and chairlift to Lac de Gaube) • 1 entry (2h) to 3 spa centres of the Hautes-Pyrenees: Balnéa, Cieléo, Les Bains du Rocher, with indoor baths, outdoor lagoon, sauna, hammam, jacuzzi...



..... from ..... from .....

**641€/pers.**

(based on 2 persons)

**926€/pers.**

(based on 2 persons)

➤ **DAY 1:** LOURDES / JACA  
➤ **DAY 2:** JACA / CANYON D'ORDESA / AINSA  
➤ **DAY 3:** AINSA / BENASQUE / TROU DU TORO  
➤ **DAY 4:** BENASQUE / BALNÉA / SAINT-LARY  
➤ **DAY 5:** SAINT-LARY / PIC DU MIDI / GAVARNIE  
➤ **DAY 6:** GAVARNIE / CAUTERETS  
➤ **DAY 7:** CAUTERETS / CAUTERETS-PONT D'ESPAGNE / LOURDES  
➤ **DEPARTURE**

02

## THE GREAT TRAVERSE OF THE PYRENEES

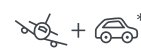
**7 DAYS / 7 NIGHTS**  
(1 night in Spain)

**463 km**

Here is an itinerary which, from east to west, follows the highest roads in the range - taking in the classic Tour de France 'cols', with a crossing into Spain through the very heart of these mountains.

**All inclusive package:**

**7 days/7 nights** in chambres d'hotes and 4 and 3 star hotels, with breakfasts included, in Loudenvielle, Ainsa, Saint-Lary, Luz Saint Sauveur, Gavarnie, Cauterets, Lourdes • 1 Grands Sites pass to Pic du Midi (access to summit by cable car) + Cauterets-Pont d'Espagne (parking, cable-car ride from Puntas and chairlift to Lac de Gaube) • 1 entry (2h) to 3 spa centres of the Hautes-Pyrenees: Balnéa, Luzéa, Les Bains du Rocher with indoor baths, outdoor lagoon, sauna, hammam, jacuzzi...



..... from ..... from .....

**592€/pers.**

(based on 2 persons)

**877€/pers.**

(based on 2 persons)

➤ **DAY 1:** LOUDENVIELLE / BALNÉA  
➤ **DAY 2:** LOUDENVIELLE / AINSA  
➤ **DAY 3:** AINSA / ROUTE DES LACS DE HAUTE MONTAGNE / SAINT-LARY  
➤ **DAY 4:** SAINT-LARY / PIC DU MIDI / LUZ-SAINT-SAUVEUR  
➤ **DAY 5:** LUZ-SAINT-SAUVEUR / GAVARNIE  
➤ **DAY 6:** GAVARNIE / CAUTERETS-PONT D'ESPAGNE  
➤ **DAY 7:** CAUTERETS / SAINT-SAVIN / LOURDES  
➤ **DEPARTURE**

03

## THE TOUR OF THE PYRENEES

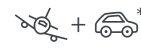
**8 DAYS / 8 NIGHTS**  
(2 nights in Spain)

**597 km**

Panoramic mountain passes, spectacular Cirques, deep and dramatic canyons, sparkling mountain lakes, picturesque mountain villages, such delights follow one after the other in this circuit at the heart of the Pyrenees with its World Heritage sites.

**All inclusive package:**

**8 days/8 nights** in chambres d'hotes and 3 and 4 star hotels, with breakfasts included, in Jaca, Ainsa, Saint-Lary, Luz-Saint-Sauveur, Gavarnie, Cauterets, Lourdes • 1 Grands Sites pass to Pic du Midi (access to summit by cable car) + Cauterets-Pont d'Espagne (parking, cable-car ride from Puntas and chairlift to Lac de Gaube) • 1 entry (2h) to 2 spa centres of the Hautes-Pyrenees: Balnéa, Les Bains du Rocher with indoor baths, outdoor lagoon, sauna, hammam, jacuzzi.... • 1 entry to the Pyrenees Animal Park.



..... from ..... from .....

**655€/pers.**

(based on 2 persons)

**999€/pers.**

(based on 2 persons)

➤ **DAY 1:** LOURDES / MONASTÈRE DE SAN JUAN DE LA PEÑA / JACA  
➤ **DAY 2:** CANYON D'ORDESA UNESCO / AINSA  
➤ **DAY 3:** CANYON D'AÑISCLO / SAINT-LARY  
➤ **DAY 4:** ROUTE DES LACS DE HAUTE MONTAGNE / BALNÉA / LOUDENVIELLE  
➤ **DAY 5:** PAYOLLE / PIC DU MIDI / TOURMALET / LUZ-SAINT-SAUVEUR  
➤ **DAY 6:** GAVARNIE UNESCO  
➤ **DAY 7:** CAUTERETS - PONT D'ESPAGNE  
➤ **DAY 8:** SAINT-SAVIN / VAL D'AZUN / LOURDES  
➤ **DEPARTURE**

04

## JEWELS OF THE PYRENEES

**4 DAYS / 4 NIGHTS**  
(1 night in Spain)

**365 km**

Four exciting days travelling across the French and Spanish Pyrenees. Marvel at the expansive landscapes. Discover wild, tucked-away places. Be moved by sacred spaces. Pamper yourself in the thermal spas. And give your taste buds a treat...

**All inclusive package:**

**4 days/4 nights** in 3 & 4\* hotels and Chambres d'hotes, with breakfasts included in Lourdes, Saint-Lary, Ainsa and Loudenvielle • 1 pass for the Pic du Midi cable car • 1 entry (2 hours) for Balnéa spa centre with outdoor pools, leisure pools, hammam, jacuzzi, pool with underwater music, whirlpool baths, bubble benches, etc...



..... from ..... from .....

**399€/pers.**

(based on 2 persons)

**652€/pers.**

(based on 2 persons)

➤ **DAY 1:** LOURDES  
➤ **DAY 2:** GAVARNIE / PIC DU MIDI / SAINT-LARY  
➤ **DAY 3:** SAINT-LARY / CANYON D'AÑISCLO / AINSA  
➤ **DAY 4:** AINSA / ROUTE DES LACS DE HAUTE MONTAGNE / BALNÉA  
➤ **DEPARTURE**

05

## INTENSE PLEASURES OF THE PYRENEES

**3 DAYS / 3 NIGHTS**

**202 km**

Three days over which to enjoy sublime relaxation in the naturally warm spa waters, the best view in France from the top of the Pic du Midi, to marvel at the incredible grandeur of the mighty Cirque de Gavarnie, enjoy spell in paradise in the Garden of Eden of the Pyrenees of Cauterets/Pont d'Espagne, then discover the mysticism of Lourdes.

**All inclusive package:**

**3 days/3 nights** in chambre d'hotes and 4 and 3 star hotels, with breakfast included, staying in Saint-Lary, Gavarnie, Lourdes • 1 'Grands Sites' pass to Pic du Midi (access to summit by cable car) + Cauterets-Pont d'Espagne (parking, cable-car ride from Puntas and chairlift to Lac de Gaube) • 1 entry (2h) to Balnéa and Les Bains du Rocher spa centres with indoor baths, outdoor lagoon, sauna, hammam, jacuzzi...



..... from ..... from .....

**322€/pers.**

(based on 2 persons)

**560€/pers.**

(based on 2 persons)

➤ **DAY 1:** LOUDENVIELLE / BALNÉA / SAINT-LARY  
➤ **DAY 2:** SAINT-LARY / PIC DU MIDI / GAVARNIE  
➤ **DAY 3:** GAVARNIE / CAUTERETS-PONT D'ESPAGNE / LOURDES  
➤ **DEPARTURE**

06

## FAMILY TRIP

**8 DAYS / 8 NIGHTS**  
(1 night of which is spent in Spain)

**420 km**

Each day is different: spectacular landscapes and incredible discoveries, as well as fun and challenging activities, follow one after another. Everything is on offer; what you pick is up to you. A real adventure just like you see in the films. You will be your childrens' hero.

**All inclusive package:**

**8 days/8 nights** nights in guest houses, mountain lodges, 3 and 4\* hotels, B&Bs and boarding houses • Downhill scooter • Quad biking excursion • 1 Family admission (2hrs) to Balnéa, a hot water spa • 1 Full-day excursion canyoning in Spain with a guide • 1 White water rafting trip • White water rafting trip + Chance to meet shepherds or tree-top and via ferrata trail • Ticket for the cable car up to the Pic du Midi • Guided horse riding trip • Guided excursion with electric mountain bikes • Visit to Cauterets - Pont d'Espagne (car park, Le Puntas gondola, Lac de Gaube chairlift) • 10 runs down the Mountain Luge • 1 Family admission to the Parc Animalier des Pyrénées (Pyrenees Animal Park).



..... from ..... from .....

**3569€/family**

(based on 2 adults, 2 children)

**4439€/family**

(based on 2 adults, 2 children)

➤ **DAY 1:** LOUDENVIELLE  
➤ **DAY 2:** BALNÉA / VAL LOURON / SAINT-LARY  
➤ **DAY 3:** CANYON D'AÑISCLO / AINSA  
➤ **DAY 4:** LAKE ROUTE / SAINT-LARY  
➤ **DAY 5:** PAYOLLE / PIC DU MIDI / TOURMALET / LUZ-SAINT-SAUVEUR  
➤ **DAY 6:** GAVARNIE UNESCO / CAUTERETS  
➤ **DAY 7:** CAUTERETS-PONT D'ESPAGNE / ARGELÈS-GAZOST  
➤ **DAY 8:** HAUTACAM / LOURDES  
➤ **DEPARTURE**

YOUR  
PRE-PLANNED  
'PYRENEES  
ROAD TRIP'

The shop and its organisers are at your service, to plan a trip that suits you.

If you like - and for no extra cost! - they will take care of everything: booking flights, car rental, booking accommodation, restaurants, activities, an excursion or a particular service... They are your advisers, your 'trip-planners', and your 100% Pyrenean guardian angels.

**Packages 100% Customisable**

You are going to love these packages; but if you want to change your accommodation, add or remove an activity, or simply adapt the itinerary to better suit you, that is no problem! All you have to do is ask...

La Boutique  
des Pyrénées

05 62 56 70 00

[laboutique@ha-py.fr](mailto:laboutique@ha-py.fr)

[www.pyrenees-trip.uk](http://www.pyrenees-trip.uk)

#PyreneesTrip





# A VAST OPEN AIR PLAYGROUND

## TREK AND SPA

**A SUPERB BLEND OF PURE MOUNTAIN AIR AND WARM SPA WATERS, A UNIQUE OFFER THAT MUST BE TRIED!**

You are invited to the Hautes-Pyrenees to enjoy a wonderful mix of great walking and soothing spa waters, a perfect combination to rediscover your natural equilibre, it is the ideal wellbeing experience.

The air is so pure, the climate sunny, it is an area which is so rich in rivers, lakes, mountain torrents and waterfalls. Spa clients will benefit from every aspect of the mountains: sunshine, superb scenery, authentic villages, a warm welcome, a traditional and comforting cuisine, and of course the naturally warm spa waters...

From the glacier of the Vignemale, the highest peak in the French Pyrenees, to the vineyards of Madiran, passing the high mountain pastures, the many mountain valleys, the secret world of the Baronies, the prairies of the Gascony hill country, the Hautes-Pyrenees has an incredible diversity of magnificent scenery. More than half of the mountain area is subject to strict controls to ensure its conservation.

This superb and diverse countryside offers a fabulous terrain for outdoor activities, some very unusual: walking and trekking (3000 kms of waymarked trails), paragliding, climbing, via ferratas, canyoning, rafting and other white-water activities, downhill mountain scooters, mountain-biking, canoe safaris, etc.





# A GREAT CYCLING DESTINATION

## 14 TOUR DE FRANCE PASSES

The fact that the Tour regularly returns to the Hautes-Pyrénées is a testament to the fantastic cycling terrain.

There has rarely been an edition of the Tour de France which has not passed through our mountains. The Hautes-Pyrénées has become THE spot for cyclists from all over the world. No less than 14 cols or stage finishes are regularly used by the Tour de France.

The road network of the Hautes-Pyrénées offers dozens of varied itineraries, from gentle rolling countryside to plains, from twisting mountain valleys to high mountain passes, there is an itinerary for everyone.



### 68 FOREIGN TOUR OPERATORS PROGRAMME THE ROUTES OF THE TOUR DE FRANCE.

The Pyrenees are by far the preferred mountain destination for cyclists in France.

## TOUR DE FRANCE 2022



### 3 DAYS IN HAUTES-PYRENEES

#### STAGE 17 - WEDNESDAY 20<sup>TH</sup> OF JULY

Saint-Gaudens > Peyragudes - 130 km - mountain  
Aspin Pass / Hourquette d'Ancizan / Val Louron-Azet Pass  
/ Peyragudes Pass

#### STAGE 18 - THURSDAY 21<sup>ST</sup> OF JULY

Lourdes > Hautacam - 143 km - mountain  
Aubique Pass / Soulor Pass / Spandelles Pass / Hautacam

#### STAGE 19 - FRIDAY 22<sup>ND</sup> OF JULY

Castelnau-Magnoac > Cahors - 189 km - flat land

### MOUNTAIN ROUTES FOR CYCLISTS

The Department of the Hautes-Pyrénées seeks to constantly improve the conditions for cyclists:

- On all climbs there are signboards at each kilometre along the route showing the distance to the top, the gradient of the next kilometre and the altitude.
- Timed climbs - The famous climbs of Luz Ardiden, Hautacam and the Tourmalet are equipped with permanent timing posts (Timtoo Timing), allowing each rider to have a record of their personal time.
- Numerous road signs (Let's share the road) aimed at sensibilising motorists to the presence of cyclists.

### THE MAIN MOUNTAIN PASSES AND LEGENDARY CLIMBS

- |                            |                               |
|----------------------------|-------------------------------|
| > Col du Tourmalet         | > Col de Couraduque           |
| > Col de Peyresourde       | > Port de Balès               |
| > Col d'Aspin              | > Hautacam climb              |
| > Col du Soulor            | > Luz Ardiden climb           |
| > Col de Val Louron - Azet | > Saint-Lary Pla d'Adet climb |



PYRÉNÉES PEYRESOURDE • ASPIN • TOURMALET • AUBISQUE...

# CYCL'NTRIP

1 TO 5 DAYS 11 CYCLIST-ONLY MOUNTAIN PASSES 153KM ASCENT

FROM JULY 25<sup>th</sup> TO 29<sup>th</sup> 2022 MOUNTAIN PASSES RESERVED FOR CYCLISTS BETWEEN 9AM AND MIDDAY

## 1 • MOUNTAIN PASSES RESERVED FOR CYCLISTS FROM 9AM - 12PM

For 5 days, access roads to mountain passes will be closed to all motorised vehicles and exclusively reserved for cyclists from 9am - 12pm. Motorised traffic will be stopped both uphill and downhill by a temporary traffic order. However, in exceptional cases and for reasons of safety, certain vehicles may be allowed onto the route (emergency services, organisational team, local residents...). A filtering area for vehicles and a welcome section for cyclists will be set up at the entrance to each of the passes to be closed off.

## 2 • FREE ACCESS

Access is free and open to everyone, with no need to register and no fixed start time. The choice to climb is up to each cyclist, and may be done at his/her own pace with no recorded times. Refreshments provided by volunteers will be provided at the top of each pass.

## 3 • FROM 1 - 5 DAYS

What makes this event special is that it takes place over 5 consecutive days. It is up to cyclists whether they take part in one day or several. Each day, between 1 and 3 passes will be reserved for cyclists in the morning. Cyclists once again have free choice over how many they climb.

## 4 • 11 PASSES RESERVED

Every day for 5 days, between 1 and 3 passes will be reserved exclusively for cyclists. In total, 11 passes will be reserved for cyclists on the morning of 5 consecutive days.

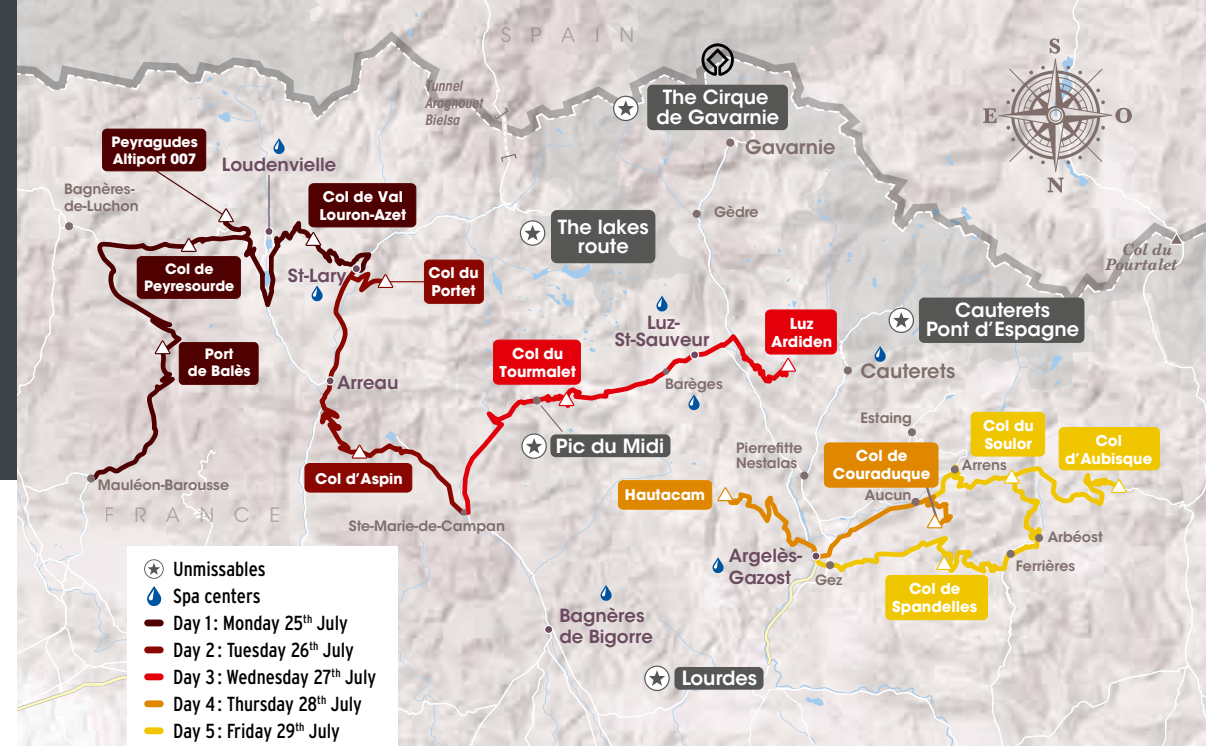
## 5 • 153KM TOTAL ASCENT

The 11 passes reserved together make up a potential total ascent of 153km.

## PYRÉNÉES CYCL'NTRIP PACKAGE

From > **549€** /pers.  
(BASED ON INDIVIDUAL BOOKING)

**5 days/6 nights** in 2\*, 3\* and 4\* hotels in Bed and breakfast • 5 half-day bike rides on mountain passes reserved for cyclists • Technical information on the passes and a cycling guidebook of routes to follow • The provision of a practical guide about Pyrenean tourism activities • Luggage transfer between each stage and transfer from Lourdes to Arreau (where the trip begins).



## BIKE TOURING TRIPS

## LA PETITE REINE DE LOURDES

### CYCLING PACKAGE DEAL

## IDEA 1

An original cycling getaway for those who would like to combine their passion for cycling with the pleasure of travelling, new discoveries and encounters. Base camp: Lourdes It shouldn't need any introduction, yet it is often overlooked. In Lourdes, you'll find a special atmosphere that you won't find anywhere else, top-quality hotels, special services for cyclists and the perfect location, both for those looking for high mountain passes and those in search of more leisurely itineraries.

### PACKAGE 3 DAYS / 3 NIGHTS

Starting at > **600€** /pers.  
(BASED ON 4 SHARING)

#### > Programme

An original cycling getaway! From Lourdes, experience your very own Tour de France along the famous mountain passes of the Pyrenees, in a fun way and at your own pace on an electric bike. Package deal with an instructor.

#### > Day 1

The day will begin with the climb through the Bois de Lourdes, towards the Pic du Pibeste and the Pic du Béout, via the Vallée de Basturguères and the little villages of Omex, Ségus and Aspin-en-Lavedan. Then you'll enter the Vallée de Castelloubon, alongside Neez stream before arriving at an inn where a delicious traditional meal made with fresh products will be served for you. Once you've satisfied your hunger, the day continues along the Col de Lingous and then back down to Lourdes via Les Angles and Lézignan plain. When you reach the Col de Lingous, you can add on an extra section up to the Col de la Croix Blanche where all the effort to get to the top will be rewarded by a breath-taking view of the Pyrenees and the Pic de Montaigu.

#### > Day 2

The climb to Hautacam is classified at the highest possible level and has been an arrival point for the Tour de France 5 times. It is one of the most challenging mountain passes for many cyclists. You'll be able to warm up along a slightly hilly route for 11 km before taking on the most difficult

section of this getaway. But we can reassure you that the electric assistance on your bike will certainly help you get to the top, you'll still have to pedal, but it will be much easier than with on a standard bike. After the 14-km-climb to the top, you will be served a well-deserved meal made with local specialities, in a typical mountain inn of the Pyrenees. An authentic experience and a change of scenery guaranteed!

#### > Day 3

From Lourdes, you'll be heading to Argelès-Gazost along the Gaves Greenway, then there's an uphill climb to the little village of Saint-Savin, built on a headland overlooking the Vallée des Gaves. You'll cross through the village of Arcizans-Avant, and then follow the Gave de Labat de Bun stream until you reach the village of Estaing, and then the famous Lac d'Estaing, right at the heart of the Val d'Azun. A hearty meal will be waiting for you so you can recharge your batteries before heading back down to Argelès-Gazost for a relaxing experience at the balneotherapy centre Le Jardin des Bains, to round off your getaway perfectly.

#### The price includes:

3 days/3 nights in a 4\* hotel with half-board • 3 lunchtime meals • Electric bike and helmet rental (3 days) • A qualified instructor (3 days) • 1 admission to the balneotherapy centre Le Jardin des Bains.

#### The price does not include:

1 dinner, tourist tax.

There are so much more possibilities for groups and individuals ! Contact us and meet up with the Incredible Pyrenees !

## COMBINE BIKE & WINERY TOUR !

## IDEA 2

With a club, a team, or between friends... with 6 people minimum. Live fully the pleasure of cycling from the dazzling Pyrenean foothills to the oldest vineyards in the region. Accommodation in an outstanding 4 stars hotel in Lourdes.

### PACKAGE 3 DAYS / 4 NIGHTS

Starting at > **689€** /pers.

#### > Day 1 – 80 km

Roll in the middle of a mosaic of magnificent and typically French landscapes : visit of the castle, tour of the vineyard and parcels, visit the cellars, tasting and gastronomic meal. Return transfer by vehicle.

#### > Day 2 – 70 km

Furrow the foothills of the Pyrenees to the vineyards of Jurançon, the second most historical vineyard in the Pyrenees. Going through the river, enter "Bearn" through the hills to reach the vineyards. Cellar visit, tasting and gourmet lunch on site. Return transfer by vehicle.

#### > Day 3 – 50 km

Last stage more challenging with the climb of the Soulor Pass (Tour de France : 20km, 5% to 8.5%, + 1000m), then, ahead to Saint-Savin, charming village, for a well-deserved gastronomic break.

Return transfer by vehicle possible.

Or instead of Soulor, climb the Col du TOURMALET with gastronomic surprise.

PYRENEES DESTINATION

EXCLUSIVE



### PACKAGE 1 DAY / 2 NIGHTS

Starting at > **339€** /pers.

Riding and gazing at the beautiful scenery blended with hills and fields while approaching the cradle of the most prestigious and emblematic vineyard of Madiran : Visit of the castle, tour of the parcels, visit of the cellars, tasting and gastronomic meal.

Return transfer by vehicle.

#### The price includes:

Double-twin room with full board • GPS tracks, Access to repair and washing point • Private secured bike storage • Visit and wine tasting • Full assistance on return to the accommodation • Access to the hotel's spa.

#### The price does not include:

Airfare and transportation to and from our location, Accommodation before and after the stay, Personal items purchased during the stay, Optional activities not scheduled, Drinks and extras, Insurance, City tax.

There are so much more possibilities for groups and individuals ! Contact us and meet up with the Incredible Pyrenees !





10  
EXCLUSIVE

PYRENEES DESTINATION

10  
EXCLUSIVE

# THE SKIING DESTINATION OF THE SOUTH OF FRANCE

## 6 SKI RESORTS

- > Grand Tourmalet
- > Saint-Lary
- > Peyragudes
- > Cauterets
- > Luz Ardiden
- > Piau

## 2 EXTRAORDINARY SPOTS


- > Pic du Midi (*freeride area*)
- > Gavarnie (*listed as a UNESCO World Heritage Site*)

## 1 KIDS' SKI AREA

- > Val Louron

2,5 MILLION DAY'S  
OF SKIING CONSUMED  
(50% of all skiing in the whole of the Pyrenees).

[www.neige.hautes-pyrenees.fr](http://www.neige.hautes-pyrenees.fr)



The unspoiled Pyrenees have been spared the urbanisation and industrialisation that other mountain ranges have experienced. They now provide hi-tech skiing (slow boarding chair lifts, ski lifts, modern snow making equipment etc.) in an untamed setting and wide open spaces. You can even ski in havens such as the Pyrenees National Park or UNESCO World Heritage Gavarnie-Mont Perdu site. Serious skiers can take a funicular up the Pic du Midi for a high mountain site devoted exclusively to freeriding. This is no skiing factory; these are friendly resorts oozing personality and local tradition. People chill out after skiing in the warm waters of the 8 thermal baths in charming little mountain villages before tucking into tasty local dishes.

Off the slopes there are lots of winter sports such as snowshoeing, Nordic skiing, dog sledding, sledding, cross-country skiing and ice skating.





#### THE 3 LEADING STATIONS OF THE PYRENEES

- > Saint-Lary
- > Grand Tourmalet
- > Peyragudes

#### SKI SAFARI

The proximity of the ski stations to each other allows the Pyrenees to offer trips with a comfortable base camp and several skiable areas to explore. Multi-resort deals are specially designed for this practise of ski safari.



## GREAT SKIING GUARANTEED

Every year the Hautes-Pyrénées pursue a policy of heavy investments to provide the ski stations with next generation equipment and offer the skiers even more comfort and services: detachable ski lifts, gondola lifts, ultra-modern artificial snow machines...

Immaculate slopes, perfectly prepared runs and efficient ski lifts which appeal to more and more skiers and holiday makers each year.



## NUMBER 1 SKI AND SPA DESTINATION IN FRANCE

In the winter, the mountain's customers wish to re-energise, treat themselves, and rediscover peace of body and mind. The Pyrenees are an ideal mountain range to restore the balance unsettled by everyday life. Pure air, preserved nature, healthy food, altitude and regenerative hot thermal water are some of the natural gifts offered by the Pyrenees to allow everyone to rediscover, in the course of their holidays, a radiant complexion and tranquillity. After a day spent outdoors on the ski slopes, in a pure environment, the hot water, full of minerals coming from the mountains, offers revitalisation and comfort.



#### 8 SKI STATIONS / 8 SPA CENTRES

In the Hautes-Pyrenees, all the ski stations offer for „après-ski“ a relaxation in thermal spring water in the innovative and modern balneotherapy centres. They offer clients relaxation spaces with a thermal hot water lagoon, bubbling massage beds, geysers, swan-neck jets, musical baths, jacuzzi, sauna, Turkish bath... For a complete relaxation, each centre has developed its own specific range of treatments. Massages and well-being therapy, donkey milk baths, Dead Sea treatments, introductions to the art of Turkish baths or Japanese rituals...





## LIFESTYLE OF THE „SOUTH WEST“ OF FRANCE

Linking the Atlantic and the Mediterranean, the Pyrenees are the mountain range of the South of France, no fuss, calm and relaxed. The sun is not only in the sky but also in the hearts of the inhabitants. Visitors are welcomed as friends. A great spread is laid out, anecdotes and tips are readily shared and service is rendered with simplicity.

## Human-scale stations

Here there are no concrete slopes built to welcome tourists but friendly stations marked with the local identity, and small welcoming villages full of charm and life, which have retained their parochial attitude, their character and their traditions and which are inhabited all year round. The Pyrenees have been able to combine the development of modern and innovative facilities with the preservation of their identity and a natural and architectural heritage.

## A destination full of heart

In the Pyrenees we take our time, we talk over a coffee or a mulled wine, we eat with the children, we lounge on sunny terraces, we appreciate a deckchair facing an impressive view. Late in the day, the villages are teeming. Entertainment, bars, restaurants, shopping...



7  
EXCLUSIVE  
|

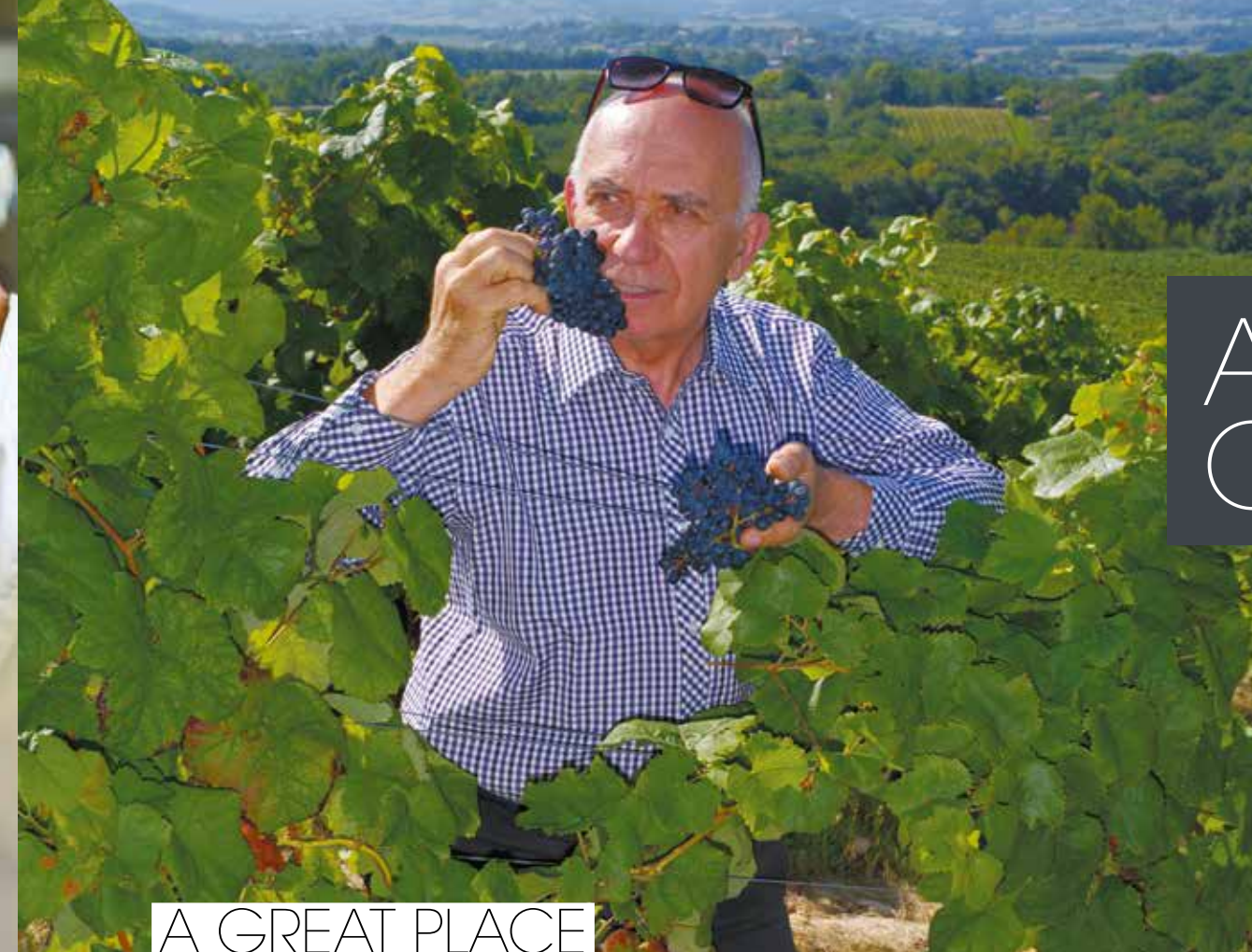


## A GREAT PLACE FOR GOURMETS

THE HAUTES-PYRENEES HAS A STRONG CULINARY IDENTITY WITH MUCH SUPERB LOCAL PRODUCE AND A WEALTH OF LOCAL DISHES TO TRY:

- **Porc Noir de Bigorre (AOC)**  
(a cousin of Iberian Pig)
- **The Tarbes Haricot Beans**  
(found in the "Cassoulet")
- **Barèges/Gavarnie lamb (AOC)**

- **The celebrated vineyards of Madiran (AOC):**  
small vineyards where the departments of the Hautes-Pyrenees, the Gers, and the Bearn meet. Generous full-bodied reds and which were voted amongst the ten best world wines, not to mention the sublime white Pacherenc.
- **The surprising Gâteau à la Broche...**  
The talented and creative 'Chefs' of the Hautes-Pyrenees, maintain the gastronomic traditions and are not afraid of innovating.



## A LAND OF FLAVOURS

PYRENEES DESTINATION

7  
EXCLUSIVE  
|

## SLOWFOOD

THERE ARE 15 CHOSEN STAND-OUT PRODUCTS IN FRANCE OF WHICH 3 ARE IN THE HAUTES-PYRENEES:



THE PORC NOIR  
DE BIGORRE



BARÈGES-GAVARNIE  
LAMB



GASCONY  
CHICKEN



DESTINATION  
CONFORTLOURDES NUMBER TWO OF FRENCH TOWNS  
FOR NUMBER OF HOTEL BEDS

Lourdes has a large choice of quality hotels,  
3 and 5 stars, accepting individuals and groups.

115,000  
TOURIST BEDS

*Certified by a quality label*

SUPERB  
COMFORTABLE  
ACCOMMODATION

Hotels full of character, on a human scale, in a protected natural environment. Clients are greeted as friends, the welcome is warm and personalised, the decor is modern yet with traditional materials, the furnishings are refined, the colour scheme carefully chosen, all creates a harmony where the character of the valley or region shines through. Our gîtes and chambre d'hôtes are full of such character, ably representing the traditions, cultures and scenery of their setting. They are a true expression of the identity of a region and showcase the superb construction and renovation techniques.

A PERSONALISED  
BOOKING SERVICEANNA,  
HOLIDAY ADVISOR  
FOR THE PYRENEES

Anna Fontan is your personal on-site contact. Acting as an intermediary and facilitator she will put you in contact with the service providers, and help you find the best way to put together your product, she will offer advice and propose introductions to the right people.

The service is free and will enable you to gain precious time. Her wide range of contacts and her perfect knowledge of the region offer security, rapidity and peace of mind.

If you wish to visit the Hautes-Pyrenees she will organise a personalised programme to correspond with your needs and the length of visit. She will stay at your side throughout to offer valuable support so you can put together the type of holiday that your clients are looking for.

**Anna Fontan**

«La Boutique des Pyrénées»

[anna.fontan@ha-py.fr](mailto:anna.fontan@ha-py.fr)

00 33 562 56 70 06 – 00 33 637 76 99 43

[www.pyrenees-holiday.com](http://www.pyrenees-holiday.com)

**THE PYRENEES HOLIDAY BOUTIQUE :**

TRAVEL AGENT FOR MADE TO MEASURE HOLIDAYS

Anna, Julie, Monique, Nathalie and Sabine are the holiday planners for the Pyrenees Holiday Boutique. As they are all from the region the area holds no secrets for them, they know all the best plans and have chosen the best available services at the best available conditions without compromising quality.

As public service employees they are not subject to any commercial pressure. Their goal is to satisfy the clients by offering a quality product.

**THE PYRENEES HOLIDAY SHOP OFFERS:**

- **Rental** of apartments, chalets, chambre d'hôtes, hotel rooms, in the 9 ski stations and the 5 cross-country ski areas of the Pyrenean valleys.
- **Ski passes**, ski rental, ski lessons for children, entries to the spa centres, massages, treks in the mountains, canyoning, evenings at the Pic du Midi etc...
- **Themed holidays** (trek and spa, ski touring in the National Park, snowshoe walks in the Gavarnie Mont Perdu massif), made to measure holidays, weekend breaks, the best plans for successful holidays.

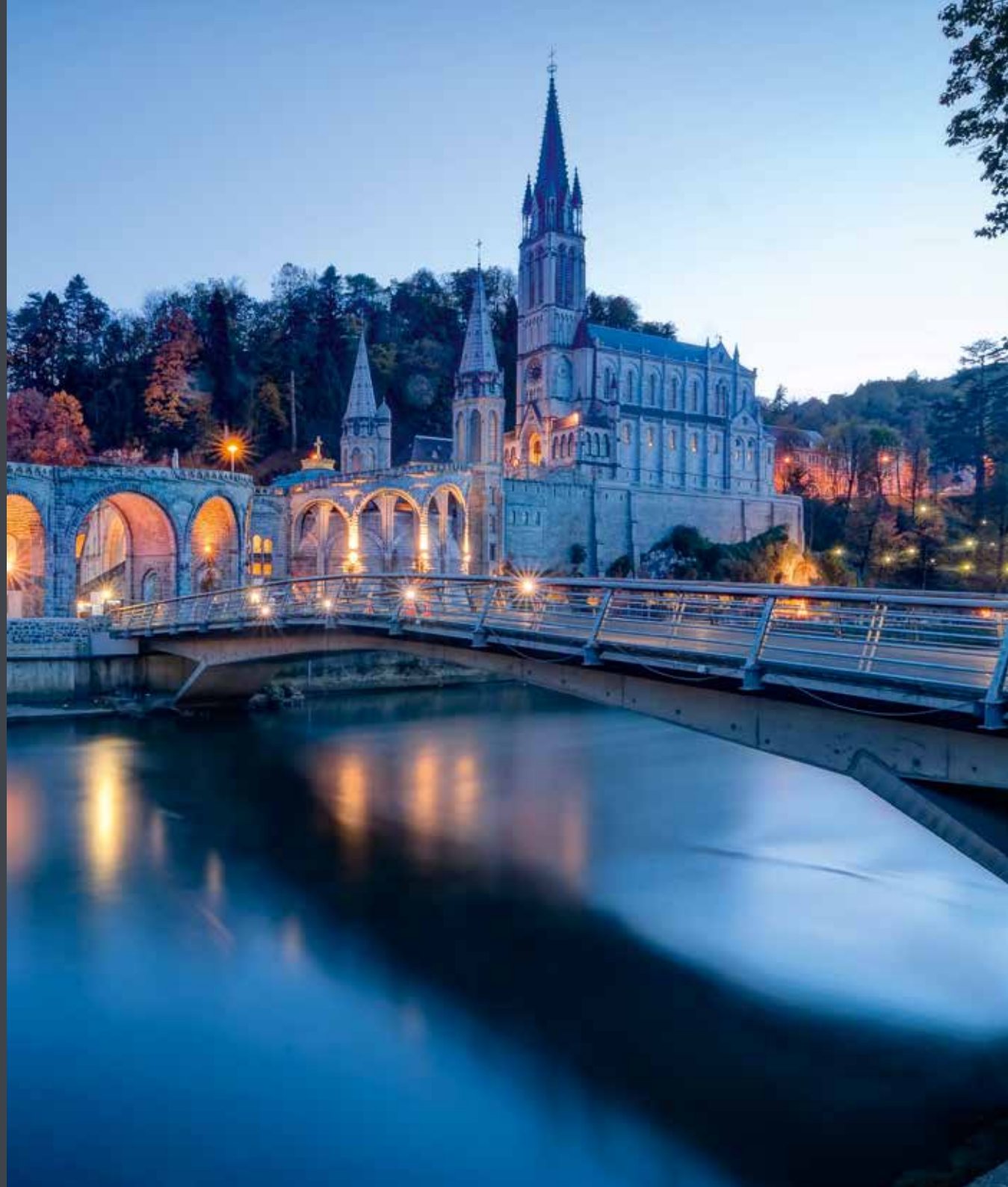


# TRIP IDEAS



Anna is here for you to give you a warm welcome, introduce you to the right people (quality accommodation, services, thermal baths etc.) and help you design the best possible break for your clients' needs.

Anna Fontan  
"La Boutique des Pyrénées"  
anna.fontan@ha-py.fr  
00 33 562 56 70 06 – 00 33 637 76 99 43



## IDEA N°1 EXCEPTIONAL EXPERIENCES

### 2 DAYS / 2 NIGHTS

« Lourdes and Gavarnie, two amazing days: beauty, spirituality, rejuvenation, reconnecting with yourself and nature...an unforgettable break! »

**Day 0:** Arrival / **Day 1:** Gavarnie /  
**Day 2:** Lourdes

**DAY 0 :** Arrival in Lourdes & 11pm Mass at the Grotto. Few religious sites open at night. In Lourdes, the Sanctuary is open 7d/7 from 5.30am to midnight and mass is held every night at 11pm at the Grotto. It's the perfect time to experience Lourdes as it radiates magic at nightfall.

**DAY 1 :** Cirque de Gavarnie and Troumouse & Torchlight procession in Lourdes. Seeing these spectacular natural cirques listed as World Heritage sites is deeply moving. Nature's own masterpieces look like pure invention. Experiencing this great beauty fills visitors with a sense of fulfilment before the day finishes in a blaze of glory with the Lourdes torchlight procession.

**DAY 2 :** Lourdes Sanctuary & departure. Visitors are free to roam the Sanctuary site at their leisure; there is no schedule or time limit. We suggest visiting the basilicas then exploring the arcades to drink from the fountains, see the Grotto, touch the rock and light a candle.

You can also come in the morning for the international mass\* at 9.30am in the underground Basilica. Lourdes is famous for its international mass attended by thousands and, in certain periods, tens of thousands. Song, music, symbols, images, banners and applause burst forth in Lourdes' 6 statuary languages (French, Italian, Spanish, English, German, Dutch). A one-of-a-kind experience.

*\*International mass is held every Wednesday and Sunday during pilgrimage season (April-October).*

- From **80€**/pers (based on 2 sharing) in a 3\* hotel.
- From **170€**/pers (based on 2 sharing) in a 4\* hotel.
- From **245€**/pers (based on 2 sharing) in a 5\* hotel.

Price includes: 2 nights on a B&B basis.

Price does not include: meals – holiday tax.

**Half-board and full-board quotes on request**







IDEA N°2  
LOURDES  
SIMPLY MAGICAL

3 DAYS / 2 NIGHTS

«A short break to experience the 4 jewels of the Pyrenees: Lourdes, Gavarnie, Pic du Midi and Tourmalet.»

**Day 0:** Arrival / **Day 1:** Pic du Midi, Col du Tourmalet, Gavarnie / **Day 2:** Lourdes

**DAY 0 :** Arrival in Lourdes & 11pm Mass at the Grotto Few religious sites open at night. In Lourdes, the Sanctuary is open 7d/7 from 5.30am to midnight and mass is held every night at 11pm at the Grotto. It's the perfect time to experience Lourdes as it radiates magic at nightfall.

**DAY 1 :** Pic du Midi & Col du Tourmalet & Cirque de Gavarnie & Gourmet meal. The perfect day for photos of the best views in the Pyrenees be it at Pic du Midi, Col du Tourmalet or the colossal Cirque de Gavarnie. We recommend arriving at Pic du Midi in the morning to have lunch there then

going to Gavarnie with a stop on the way at Col du Tourmalet. On the way back to Lourdes, take a break in a charming village on a headland for a gourmet meal in a local institution. Work up your appetite with a magical few minutes walking from Place de Saint-Savin to Notre-Dame-de-Piétat Chapel on a headland overlooking the valley. Drink in the views on the terrace in the shade of the lime trees.

**DAY 2 :** Lourdes Sanctuary & departure. Visitors are free to roam the Sanctuary site at their leisure; there is no schedule or time limit. We suggest visiting the basilicas then exploring the arcades to drink from the fountains, see the Grotto, touch the rock and light a candle.

You can also come in the morning for the international mass at 9.30am in the underground Basilica. Lourdes is famous for its international mass attended by thousands and, in certain periods, tens of thousands. Song, music, symbols, images, banners and applause burst forth in Lourdes' 6 statuary languages (French, Italian, Spanish, English, German, Dutch). A one-of-a-kind experience.

*International mass is held every Wednesday and Sunday during pilgrimage season (April-October).*

- From 219€/pers (based on 2 sharing) in a 3\* hotel.
- From 309€/pers (based on 2 sharing) in a 4\* hotel.
- From 384€/pers (based on 2 sharing) in a 5\* hotel.

*Price includes: 2 nights on a B&B basis – 1 cable car ride to Pic du Midi with lunch at the top – 1 meal at a restaurant awarded 2 chef's hats by Gault & Millau.*

*Price does not include: meals (excluding meal on day 1) – holiday tax.*

Half-board and full-board quotes on request.

OPTION :

stay an extra night to take part in the torchlight procession.

- + 37.50€/pers in a 3\* hotel.
- + 82.50€/pers in a 4\* hotel.
- + 120€/pers in a 5\* hotel.

IDEA N°3  
INNER ROADS  
relaxation, wellness, rejuvenation

3 DAYS / 3 NIGHTS

«Soaking up nature, gazing at the mountain's beauty or gathering your thoughts in a religious site are just some of the experiences that fill your heart with joy. A break packed with wonder!»

**Day 0:** Arrival / **Day 1:** Cauterets-Pont d'Espagne, Lourdes / **Day 2:** Gavarnie and Troumouse / **Day 3:** Lourdes

**DAY 0 :** Arrival in Lourdes & 11pm Mass at the Grotto. Few religious sites open at night. In Lourdes, the Sanctuary is open 7d/7 from 5.30am to midnight and mass is held every night at 11pm at the Grotto. It's the perfect time to experience Lourdes as it radiates magic at nightfall.

**DAY 1 :** Walk in the Pyrenean Garden of Eden in Cauterets-Pont d'Espagne & Thermal baths & Torchlight procession. A relaxing and rejuvenating day out. After strolling through the Pyrenean Garden of Eden,

you can take a break in the naturally hot and nurturing water at Les Bains du Rocher in Cauterets before joining the radiant and dreamy torchlight procession in Lourdes.

**DAY 2 :** Cirque de Gavarnie and Troumouse & Gourmet meal at Le Viscos. A more intense day out. Seeing the spectacular Cirques is deeply moving. Feast your eyes then feast your senses at Le Viscos in Saint-Savin run by Jean-Pierre and Alexis Saint-Martin. The local institution is tucked away in a charming village perched on a rocky outcrop. Work up your appetite with a magical few minutes walking from Place de Saint-Savin to Notre-Dame-de-Piétat Chapel on a headland overlooking the valley. Drink in the views on the terrace in the shade of the lime trees.

**DAY 3 :** Lourdes Sanctuary & departure. Visitors are free to roam the Sanctuary site at their leisure; there is no schedule or time limit. We suggest visiting the basilicas then exploring the arcades to drink from the fountains, see the Grotto, touch the rock and light a candle.

You can also come in the morning for the international mass at 9.30am in the under-

ground Basilica. Lourdes is famous for its international mass attended by thousands and, in certain periods, tens of thousands. Song, music, symbols, images, banners and applause burst forth in Lourdes' 6 statuary languages (French, Italian, Spanish, English, German, Dutch). A one-of-a-kind experience.

*International mass is held every Wednesday and Sunday during pilgrimage season (April-October).*

- From 200€/pers (based on 2 sharing) in a 3\* hotel.
- From 335€/pers (based on 2 sharing) in a 4\* hotel.
- From 448€/pers (based on 2 sharing) in a 5\* hotel.

*Price includes: 3 nights on a B&B basis – 1 Cauterets-Pont d'Espagne pass (access to car park, Puntas cable car, Gaube Lake chair lift) – 1 entry (2 hrs) to Les Bains du Rocher thermal baths – 1 meal at a restaurant awarded 2 chef's hats by Gault & Millau.*

*Price does not include: meals (excluding meal on day 2) – holiday tax.*

Half-board and full-board quotes on request.



IDEA N°4  
THE LORD'S  
VINEYARDS  
The spirit of Lourdes

4 DAYS / 4 NIGHTS

«An unforgettable stay for visitors blending magical Lourdes, extraordinary nature in Gavarnie and Pic du Midi, a trip to a French vineyard and its château plus foodie stops to experience South Western specialities.»

Day 0: Arrival / Day 1: Lourdes  
Day 2: Pic du Midi, col du Tourmalet, Cirque de Gavarnie / Day 3: Madiran Vineyards / Day 4: Departure

DAY 0 : Arrival in Lourdes & 11pm Mass at the Grotto. Few religious sites open at night. In Lourdes, the Sanctuary is open 7d/7 from 5.30am to midnight and mass is held every night at 11pm at the Grotto. It's the perfect time to experience Lourdes as it radiates magic at nightfall.

DAY 1 : Lourdes Sanctuary & Torchlight procession. Visitors are free to roam the Sanctuary site at their leisure; there is no

schedule or time limit. We suggest visiting the basilicas then exploring the arcades to drink from the fountains, see the Grotto, touch the rock and light a candle.

You can also come in the morning for the international mass\* at 9.30am in the underground Basilica. Lourdes is famous for its international mass attended by thousands and, in certain periods, tens of thousands. Song, music, symbols, images, banners and applause burst forth in Lourdes' 6 statuary languages (French, Italian, Spanish, English, German, Dutch). A one-of-a-kind experience.

Don't miss the torchlight procession at 9pm. It's the highlight of the day in Lourdes.

\* International mass is held every Wednesday and Sunday during pilgrimage season (April-October).

DAY 2 : Pic du Midi & Col du Tourmalet & Cirque de Gavarnie & Gourmet meal. The perfect day for photos of the best views in the Pyrenees be it at Pic du Midi, Col du Tourmalet or the colossal Cirque de Gavarnie. We recommend arriving at Pic du Midi in the morning to have lunch there then going to Gavarnie with a stop on the way at Col du Tourmalet. On the way back to Lourdes, take a break in a charming village on a headland for a gourmet meal

in a local institution. Work up your appetite with a magical few minutes walking from Place de Saint-Savin to Notre-Dame-de-Piétat Chapel on a headland overlooking the valley. Drink in the views on the terrace in the shade of the lime trees.

DAY 3 : Madiran vineyards. This trip takes visitors to a secret vineyard in the Pyrenean foothills. Director Alain Brumont produces wine that makes the international top 20 at Château Montus. A footpath runs between the hills, vineyards and villages with stops for tastings.

DAY 4 : Departure

▶ From 314€/pers (based on 2 sharing) in a 3\* hotel.

▶ From 494€/pers (based on 2 sharing) in a 4\* hotel.

▶ From 644€/pers (based on 2 sharing) in a 5\* hotel.

Price includes: 4 nights on a B&B basis – 1 cable car ride to Pic du Midi with lunch at the top – 1 meal at a restaurant awarded 2 chef's hats by Gault & Millau – 1 wine tour and tasting.

Price does not include: meals (excluding meal on day 2) – holiday tax.

Half-board and full-board quotes on request.

IDEA N°5  
REJUVENATION  
ON THE INSIDE  
AND OUTSIDE  
Body and soul!

4 DAYS / 4 NIGHTS

«Four days to soak up nature, gaze at the mountain's beauty, gather your thoughts in a religious site or unwind in thermal baths... Completely relax body and soul on this break.»

Day 0: Arrival / Day 1: Cauterets-Pont d'Espagne, Lourdes / Day 2: Gavarnie and Troumouse / Day 3: col du Tourmalet, col d'Aspin, Pic du Midi, Balnéa / Day 4: Lourdes

DAY 0 : Arrival in Lourdes & 11pm Mass at the Grotto. Few religious sites open at night. In Lourdes, the Sanctuary is open 7d/7 from 5.30am to midnight and mass is held every night at 11pm at the Grotto. It's the perfect time to experience Lourdes as it radiates magic at nightfall.

DAY 1 : Walk in the Pyrenean Garden of Eden in Cauterets-Pont d'Espagne & Thermal baths & Torchlight procession. A relaxing and rejuvenating day out. After strolling through the Pyrenean Garden of Eden, you can take a break in the naturally hot and nurturing water at Les Bains du Rocher in Cauterets before joining the radiant and dreamy torchlight procession in Lourdes.

DAY 2 : Cirque de Gavarnie and Troumouse & Gourmet meal at Le Viscos. A more intense

day out. Seeing the spectacular Cirques is deeply moving. Feast your eyes then feast your senses at Le Viscos in Saint-Savin run by Jean-Pierre and Alexis Saint-Martin. The local institution is tucked away in a charming village perched on a rocky outcrop. Work up your appetite with a magical few minutes walking from Place de Saint-Savin to Notre-Dame-de-Piétat Chapel on a headland overlooking the valley. Drink in the views on the terrace in the shade of the lime trees.

DAY 3 : The mountain pass road (Tourmalet, Aspin) & Pic du Midi & Balnéa. The tour takes to the famous Pyrenees mountain pass road up to Tourmalet and Aspin. Two stops on the way take you to the summit of the Pic du Midi for incredible views followed by a chance to unwind in Balnéa's outdoor thermal baths.

DAY 4 : Lourdes Sanctuary & departure. Visitors are free to roam the Sanctuary site at their leisure; there is no schedule or time limit. We suggest visiting the basilicas then exploring the arcades to drink from the fountains, see the Grotto, touch the rock and light a candle.

You can also come in the morning for the international mass at 9.30am in the underground Basilica. Lourdes is famous for its international mass attended by thousands and, in certain periods, tens of thousands. Song, music, symbols, images, banners and applause burst forth in Lourdes' 6 statuary languages (French, Italian, Spanish, English, German, Dutch). A one-of-a-kind experience.

International mass is held every Wednesday and Sunday during pilgrimage season (April-October).







## IDEA N°6 FAMILY HOLIDAYS ARE SACRED!

### 8 DAYS / 7 NIGHTS

«Keeping the kids happy, getting the teenagers involved and having adult time... family holidays aren't always easy! Here's a trip idea that blends fun, relaxation, wonder and entertainment to the delight of children and adults.»

**Day 1:** Arrival / **Day 2:** Lourdes / **Day 3:** Cirque de Gavarnie / **Day 4:** Cauterets-Pont d'Espagne / **Day 5:** Tourmalet, Pic du Midi / **Day 6:** Wildlife Park & Mountain luge / **Day 7:** Lourdes / **Day 8:** Departure

**DAY 1 : Arrival in Lourdes & 11pm Mass at the Grotto.** Few religious sites open at night. In Lourdes, the Sanctuary is open 7d/7 from 5.30am to midnight and mass is held every night at 11pm at the Grotto. It's the perfect time to experience Lourdes as it radiates magic at nightfall.

**DAY 2 : Lourdes Sanctuary & Château de Lourdes & Pic du Jer funicular & Torchlight procession.** Visitors are free to roam the Sanctuary site at their leisure; there is no schedule or time limit. We suggest visiting the basilicas then exploring the arcades to drink from the fountains, see the Grotto, touch the rock and light a candle.

You can also come in the morning for the international mass\* at 9.30am in the underground Basilica. Lourdes is famous

for its international mass\* attended by thousands and, in certain periods, tens of thousands. Song, music, symbols, images, banners and applause burst forth in Lourdes' 6 statutory languages (French, Italian, Spanish, English, German, Dutch). A one-of-a-kind experience. Don't miss the torchlight procession at 9pm. It's the highlight of the day in Lourdes.

We recommend including a trip to the Château de Lourdes, climbing to the top of the dungeon for incredible views and taking the funicular up Pic du Jer...children will love it.

*\*International mass is held every Wednesday and Sunday during pilgrimage season (April-October).*

**DAY 3 : Cirque de Gavarnie.** Thousands of visitors come to the foot of the cirque every year to gaze at the World Heritage site and feat of nature. You'll feel tiny but enraptured in the midst of the natural giant's huge shimmering walls. An easy and enjoyable walk (2 hour return) takes you from the village to the foot of the Cirque. Kids adore trekking with a donkey here!

**DAY 4 : Cauterets-Pont d'Espagne.** The perfect place to introduce your children to nature. Flora and fauna call this protected nature site home. Countless facilities and footpaths enable visitors to go on easy strolls around tis Garden of Eden. We recommend taking the Puntas cable car followed by the Gaube chair lift for direct access after an extra 15 minute walk to Gaube Lake. You can then explore the site and walk or take the chair lift back.



**DAY 5 : Tourmalet & Pic du Midi & Shepherd visit.** An exciting day starting with a trip to Tourmalet, the highest mountain pass in the Pyrenees. Children will be sure to take a selfie with the Tourmalet Giant, a statue at the top. Then it's time to pile into the Pic du Midi cable car for a trip through the clouds with 350m of nothing beneath your feet. Kids love it! Don't worry when you reach the top; there's a huge terrace with orientation tables and tower viewers to keep them occupied. The day ends with Pyrenean shepherds Yan and Cédric and their flocks. Children can play with the lambs, milk them and join them on the summer pastures.

**DAY 6 : Pyrenees Wildlife Park & Mountain Luge.** The biggest wildlife park in the Pyrenees lies just minutes from Lourdes on a hillside in a huge, leafy, natural space where animals roam. A footpath takes visitors to meet bears, wolves, lynx, vultures, deer, izards, foxes, marmots, otters and more. The highlight for kids is having a photo with the

tame marmots! Another nearby attraction is a treat for children and adults: Mountain luge. A thrilling 1km sled ride on a rail 1m off the ground!

**DAY 7 : Water sports on Lourdes Lake.** A family favourite. Lifeguards watch over bathers in the floating dock. There's so much for sports lovers to enjoy: pedalo/kayak/stand-up paddle hire, 3 mountain bike trails (green, red and black), 18-hole golf course, lakeside fishing and hiking. There's an easy 6km footpath around the lake with just a 50m elevation.

**DAY 8 : Departure.**

- From **1511€**/family (based on 2 adults & 2 children) in a 3\* hotel.
- From **2467€**/family (based on 2 adults & 2 children) in a 4\* hotel.
- From **2991€**/family (based on 2 adults & 2 children) in a 5\* hotel.

*Price includes:* 7 nights on a B&B basis – 1 Grands Sites pass (Cauterets-Pont d'Espagne and Pic du Midi) – 1 family pass for Lourdes Château and Pic du Jer – shepherd tour (sheep pen tour and snack/picnic near the flock) – 1 family pass for the Pyrenees wildlife park – 5 Mountain Luge rides per person - 2 water sports on Lourdes Lake and 1 lunch.  
*Price does not include:* meals– holiday tax.

**Half-board and full-board quotes on request.**





## IDEA N°7

HOLIDAYS  
ARE SACRED!

## 8 DAYS / 7 NIGHTS

«A week of beauty, wonder, reconnecting with yourself and nature, mountain lakes, rolling valleys, seaside vineyards and me-time on an original and memorable break in Lourdes. Good times guaranteed!»

**Day 1:** Arrival / **Day 2:** Lourdes / **Day 3:** Pic du Midi, col du Tourmalet, Cirque de Gavarnie / **Day 4:** Cauterets-Pont d'Espagne, Piétat Chapel / **Day 5:** The lake road, Balnéa / **Day 6:** Biarritz / **Day 7:** Madiran vineyards / **Day 8:** Departure

**DAY 1 :** Arrival in Lourdes & 11pm Mass at the Grotto. Few religious sites open at night. In Lourdes, the Sanctuary is open 7d/7 from 5.30am to midnight and mass is held every night at 11pm at the Grotto. It's the perfect time to experience Lourdes as it radiates magic at nightfall.

**DAY 2 :** Lourdes Sanctuary & Torchlight procession. Visitors are free to roam the Sanctuary site at their leisure; there is no schedule or time limit. We suggest visiting the basilicas then exploring the arcades to drink from the fountains, see the Grotto, touch the rock and light a candle.

You can also come in the morning for the

international mass\* at 9.30am in the underground Basilica. Lourdes is famous for its international mass attended by thousands and, in certain periods, tens of thousands. Song, music, symbols, images, banners and applause burst forth in Lourdes' 6 statutory languages (French, Italian, Spanish, English, German, Dutch). A one-of-a-kind experience.

Don't miss the torchlight procession at 9pm. It's the highlight of the day in Lourdes.

*\*International mass is held every Wednesday and Sunday during pilgrimage season (April-October).*

**DAY 3 :** Pic du Midi & Col du Tourmalet & Cirque de Gavarnie. The perfect day for photos of the best views in the Pyrenees be it at Pic du Midi, Col du Tourmalet or the colossal Cirque de Gavarnie. We recommend arriving at Pic du Midi in the morning to have lunch there then going to Gavarnie with a stop on the way at Col du Tourmalet.

**DAY 4 :** Cauterets-Pont d'Espagne & Piétat Chapel & Gourmet meal. Deep in the Pyrenees National Park, the Cauterets-Pont d'Espagne site is a real Garden of Eden and sight for sore eyes. Countless facilities and footpaths enable visitors to go on easy strolls around the site. On the way back to Lourdes, take a break in a charming village on a headland for a gourmet meal in a local institution. Work up your appetite with a magical few minutes walking from Place de Saint-Savin to Notre-Dame-de-Piétat Chapel on a headland overlooking the valley. Drink in the views on the terrace in the shade of the lime trees.

**DAY 5 :** The lake road & Balnéa. The highest lake road in the Pyrenees is just miles from Lourdes and leads to the lakes of Cap-de-Long (altitude of 2161m), Orédon (1849m), Aumar (2198m) and Aubert (2150m). The winding road is a feast for the eyes in itself. The end point: Néouvielle National Nature Reserve. Its 70 lakes burst with green and turquoise and make it look like an archipelago in the heart of the Pyrenees. The lakeside Orédon shelter is a great place for lunch in the sunshine. We recommend ending the trip on a watery note in the outdoor lagoons at the Balnéa spa with your eyes on the peaks and your lungs full of fresh air.

**DAY 6 :** Biarritz. Lourdes' locals love to come here on Sundays: Biarritz. A generous 10.30am departure for lunch on the sea. Weather permitting, we recommend a swim. A walk to the Rocher de la Vierge splashed by the waves is a must-do.

**DAY 7 :** Madiran vineyards. This trip takes visitors to a secret vineyard in the Pyrenean foothills. Director Alain Brumont produces wine that makes the international top 20 at Château Montus. A footpath runs between the hills, vineyards and villages with stops for tastings.

**DAY 8 :** Departure.

- From 417€/pers (based on 2 sharing) in 3\* hotel.
- From 732€/pers (based on 2 sharing) in 4\* hotel.
- From 994€/pers (based on 2 sharing) in 5\* hotel.

*Price includes: 7 nights on a B&B basis – 1 Grands Sites pass (Cauterets-Pont d'Espagne and Pic du Midi) – 1 entry (2 hrs) to Balnéa thermal baths – 1 meal at a restaurant awarded 2 chef's hats by Gault & Millau – 1 wine tour and tasting.*

*Price does not include: meals (excluding meal on day 3) – holiday tax.*

Half-board and full-board quotes on request.







## IDEA N°8

LOURDES  
PYRENEES TRIP

## 8 DAYS / 7 NIGHTS

«A week exploring the Pyrenees in all its glory!  
Plus an adventure to the Spanish side. Wonder,  
rejuvenation and relaxation are on this trip's agenda.»

**Day 1:** Arrival / **Day 2:** Lourdes /  
**Day 3:** Cirque de Gavarnie, Troumouse /  
**Day 4:** Cauterets-Pont d'Espagne, Piétat  
Chapel / **Day 5:** Mountain pass road,  
Pic du Midi, Saint-Lary / **Day 6:** Spanish  
Aragon, Saint-Lary / **Day 7:** Louron Valley,  
Bainéa, Lourdes / **Day 8:** Departure

**DAY 1:** Arrival in Lourdes & 11pm Mass at the Grotto. Few religious sites open at night. In Lourdes, the Sanctuary is open 7d/7 from 5.30am to midnight and mass is held every night at 11pm at the Grotto. It's the perfect time to experience Lourdes as it radiates magic at nightfall.

**DAY 2:** Lourdes Sanctuary & Torchlight procession. Visitors are free to roam the Sanctuary site at their leisure; there is no schedule or time limit. We suggest visiting the basilicas then exploring the arcades to drink from the fountains, see the Grotto, touch the rock and light a candle. You can also come in the morning for the international mass\* at 9.30am in the underground Basilica. Lourdes is famous for its international mass attended by thousands and, in certain periods, tens of thousands. Song, music, symbols, images, banners and

applause burst forth in Lourdes' 6 statutory languages (French, Italian, Spanish, English, German, Dutch). A one-of-a-kind experience. Don't miss the torchlight procession at 9pm. It's the highlight of the day in Lourdes.

*\* International mass is held every Wednesday and Sunday during pilgrimage season (April-October).*

**DAY 3:** Cirque de Gavarnie and Troumouse. Seeing these spectacular natural cirques listed as World Heritage sites is deeply moving. Nature's own masterpieces look like pure invention. Experiencing this great beauty fills visitors with a sense of fulfilment.

**DAY 4:** Cauterets-Pont d'Espagne & Piétat Chapel & Gourmet meal. Deep in the Pyrenees National Park, the Cauterets-Pont d'Espagne site is a real Garden of Eden and sight for sore eyes. Countless facilities and footpaths enable visitors to go on easy strolls around the site. On the way back to Lourdes, take a break in a charming village on a headland for a gourmet meal in a local institution. Work up your appetite with a magical few minutes walking from Place de Saint-Savin to Notre-Dame-de-Piétat Chapel on a headland overlooking the valley. Drink in the views on the terrace in the shade of the lime trees.

**DAY 5:** The mountain pass road (Tourmalet, Aspin) & Pic du Midi & Night in Saint-Lary. The tour takes to the famous Pyrenees mountain pass road up to Tourmalet and Aspin. A stop on the way takes you to the summit of the Pic du Midi for incredible views. The day ends in Saint-Lary, a new base camp for two nights in a vast Pyrenean valley with access to Spain via the Aragnouet-Bielsa tunnel.

**DAY 6:** Spanish Aragon & Night in Saint-Lary. Today is about going behind the scenes and seeing the other side of the mountain: Spain's Aragon region. A 3km tunnel through the mountain's bowels takes you to Spain. A stunning itinerary snakes through the unspoiled Anisclo canyon, a World Heritage site. It forms attractive natural pools of turquoise water where you can swim before returning to Saint-Lary.

**DAY 7:** Louron Valley's Roman chapels & Bainéa & Night in Lourdes. The low-key Louron Valley next to Saint-Lary has an unusual

number of Roman chapels. These precious gems with stunning frescoes were built to thank God for the successful leather and wool trade between this French valley and its Spanish neighbour after the New World was discovered. The chapels were spared by the wars and are now listed landmarks. This is also where you'll find the biggest thermal baths in the French Pyrenees. A bit of me-time is a must before returning to Lourdes.

**DAY 8:** Departure.

- From **458€**/pers (based on 2 sharing) in a 3\* hotel.
- From **683€**/pers (based on 2 sharing) in a 4\* hotel.
- From **870€**/pers (based on 2 sharing) in a 5\* hotel.

*Price includes: 7 nights on a B&B basis (5 nights in Lourdes and 2 nights in St Lary) – 1 Grands Sites pass (Cauterets-Pont d'Espagne & Pic du Midi) – 1 entry (2 hours) for Bainéa thermal baths.*

*Price does not include: meals – holiday tax.*

Half-board and full-board quotes on request.





## ACCESS



# ACCESS

The Hautes-Pyrenees are situated at the very centre of the range, there is easy access with 5 international airports within a radius of 200 kms:



Lourdes Pyrenees - Pau Pyrenees - Biarritz Anglet  
Bayonne - Toulouse Blagnac and Carcassonne Pays Cathare

Being so close to Toulouse, Bordeaux, the Basque country and Spain it is also very easy to include the Hautes-Pyrenees as part of a holiday for these destinations

## LOURDES-PYRENEES AIRPORT

65290 JUILLAN  
(10 kms from LOURDES)

Lourdes-Pyrenees Airport is an international hub served by charter flights from 80 world destinations.

[www.tlp.aeroport.fr](http://www.tlp.aeroport.fr)

Lourdes-Pyrenees Airport is also served by scheduled flights from:

- PARIS-ORLY  
(3 flights per day with **HOP!** Air France)
- LONDON STANSTED  
(2 flights per week with Ryanair)
- DUBLIN  
(2 flights per week with Ryanair)
- BRUSSELS  
(2 flights per week with TuiFly)
- MILAN BERGAMO  
(2 flights per week with Ryanair)
- KRAKOW  
(2 flights per week with Ryanair)
- LISBON  
(2 flights per week with Ryanair)
- CHARLEROI  
(2 flights per week with Ryanair)
- ROME FIUMICINO & CIAMPINO  
(2 flights per week + flights with Alba Star)
- MALTE  
(2 flights per week with Air Malta)

## ACCESS







> 1.5 HOURS FROM LOURDES-PYRENEES

4<sup>th</sup> largest airport in France and leading 'business' airport

- More than 9.6 million travellers in 2019
- 76.690 chartered travellers
- 4.2 million low cost flight travellers

58 WORLDWIDE DESTINATIONS AVAILABLE  
FROM TOULOUSE-BLAGNAC AIRPORT

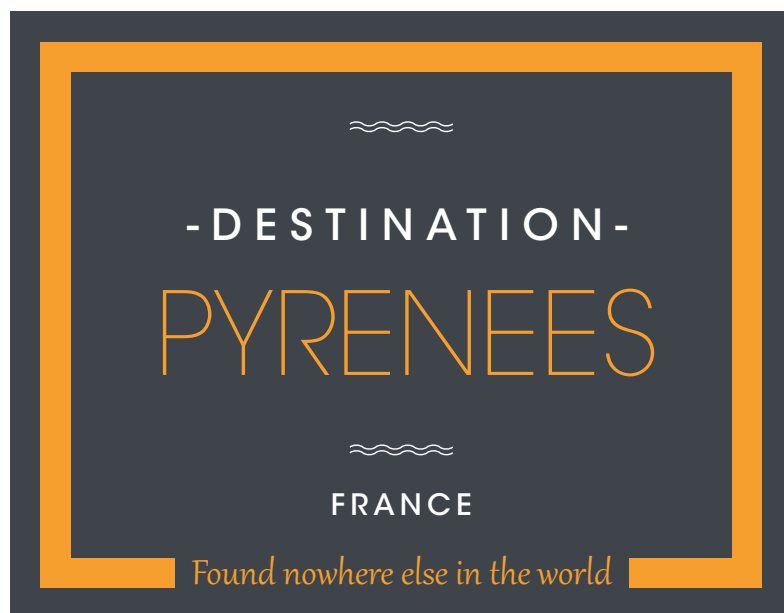
> 40 MINUTES FROM LOURDES-PYRENEES

► 44 200 travellers in 2019

- Direct flights from 10 destinations
- 3 daily flights from Paris Orly
- 2 daily flights from Paris Roissy CDG

[illegible]





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**Interreg**  
POCTEFA



**Hautes  
Pyrénées**



**TUHUESCA**  
TURISMO PROVINCIA HUESCA



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